



**Ontario Open Age Group
Synchronized Swimming
Championships**

May 22 - 27, 2018

Information Package # 1

Venue: Etobicoke Olympium

GENERAL INFORMATION

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|------------------------|---|--|---|--|--|--------------|
| Dates | May 22-27, 2018 | | | | | |
| Host | Toronto Synchro Swim Club | | | | | |
| Meet Manager | Kathryn Allen | | | | | |
| Synchro Ontario | Ellen Blainey eblainey@synchroontairo.com | | | | | |
| Venue | Etobicoke Olympium | | | | | |
| Events | 9-10 Provincial Duet Team L2T Land Routine (optional) | 11-12 Provincial Duet Team L2T Land Routine (optional) | 13-15 Provincial Solo Duet Team | 16-20 Provincial Solo: Free & Tech Duet: Free & Tech Team: Free & Tech | AWD Cognitive & AWD Physical Figures Solo Duet | Combo |
| | Year End Athlete Banquet | | | | | |
| Rules | The competition will be held in accordance with Synchro Swim Ontario Rules http://synchroontario.com/member-resources/provincial-rulebook/ | | | | | |
| Byes | Byes will only be granted to individual swimmers on medical or compassionate basis. Byes request form must be sent to meets@synchroontairo.com | | | | | |

POOL AND VENUE INFORMATION

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| Pool Information | Etobicoke Olympium 590 Rathburn Rd, Toronto, ON M9C 3T3 | |
| Building Hours for access | 6:00am – 10:00pm | |
| Pool Specs | Warm up Pool Length | 25 meter x 8 lanes |
| | Competition Pool Length: | 25 meter x 8 lanes |
| | Entry: | Single bulkhead |
| Deck Privileges | Only Coaches and Athletes registered for the Event will be allowed in change rooms and on deck. All Coaches must have proper accreditations on them at all times. Coach Certification and Accreditation is done in September | |
| Security and Health Services | Trained Lifeguards will be on deck at all times during the competition. | |
| Rules for Gelling | Gelling room set up on Main floor meeting room No gelling in change rooms or other areas of the building Host club will be monitoring | |
| Rules for stretching & land warm up | Upstairs gym only No stretching in halls or other areas of the building Host club will be monitoring | |

BANQUET VENUE AND INFORMATION

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| Name: | Red Rose Convention Centre |
| Address | 1233 Derry Rd E, Mississauga, ON L5T 1B6 |
| Information | Buffet – Special dietary allergies will be accommodated |
| Ticket price | \$40, payable to host club |
| | More information and registration link to come |
| Cutoff dates | April 20, 2018 |

REGISTRATION, FEES AND PAYMENT

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| Entry Deadline | March 26, 2018 @ 4:00pm | |
| Entry Fees | Figures \$29.00/athlete | Free Solo \$43.00/routine |
| | Tech Team \$29.00/athlete | Free Duet \$43.00/routine |
| | Tech Solo \$43.00/routine | Free Team \$86.00/routine |
| | Tech Duet \$43.00/routine | Combo \$86.00/routine |
| | | L2T Land Routine \$31.00/routine |
| | <p style="color: orange;">Tech Team: Athletes are to be entered under figures online in Meet reg and the roster list will be asked for on the Event Registration and payment Form</p> <p style="color: orange;">Tech Solo/Duet : Routines are entered online in Meet reg as tech routines</p> | |
| Out of Province Entries | Athlete Surcharge:\$10 per athlete | |
| | Each club may enter Team Solo and Duet and Combo events as per SSO Rule book, with a maximum of (2) two Solos and (2) two Duets in each age category. | |
| | All athletes must fill out the Athlete Waivers and Medical Release forms which must be handed in at the registration table before the beginning of the competition. The Form is available online at http://synchroontario.com/wp-content/uploads/2017/03/out-of-province-waiver.docx | |
| Canadian Entry Submission | <p>All registration and entries must be sent using Synchro Canada's E-Sport Event Registration program online (meet reg).</p> <p>Changes to entries can be made on the E-Sport registration site until the deadline.</p> <p>Information recorded on E-Sport will be automatically downloaded into the scoring program.</p> <p>Please ensure that the submitted information is accurate.</p> | |
| International Entry | Team rosters are to be entered on the Event Registration and Payment form. | |
| Event Registration & payment form | All clubs must fill out an online Event Registration Form which will be used to provide all the pertinent information to the Organizing Committee and to calculate total cost. The Event Registration Form must be filled out at | |
| Payment options | <p>Payment must be received to Synchro Swim Ontario by April 2, 2018</p> <p>Authorized Club Credit Card</p> <p>Personal Credit Card – entered on Event Registration form or called in 416-679-9522</p> <p>Credit card convenience fee will be applied of 2.75%</p> <p>Cheque - Mailed to 12-89 Galaxy Blvd Etobicoke Ontario M9W 6A4</p> | |
| Late entry fee | <p>5.1.3 (pg. 18 SSO Rulebook)</p> <p>Entry forms <u>including payment</u> not submitted by the stated competition entry deadline will be assessed a financial penalty of \$250.00 will be invoiced by Synchro Swim Ontario the day following the entry deadline. Failure to pay the fine by the first event of the competition shall result in disqualification. Fines are non-refundable.</p> | |

COMMUNICATION & COMPETITION INFORMATION

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| Email policy | All correspondence as required will be by email, using the Registrars contact email. Results will be emailed out during the Competition to the Head Coaches |
| Communications | All Meet information and communications will be available on the website www.synchroontario.com . |
| Pronunciation | Throughout the meet we'll be announcing the names of your club, your coaches and your swimmers. Help our announcers get the correct pronunciation the first time, every time, so we won't feel awkward, and you won't feel annoyed. Please help by submitting hint for difficult names to the meet manager |
| Figures | Figure draws will be done by Synchro Canada in accordance to SSO Rulebook 4.73 Figure Groups can be found in the SSO Rulebook Appendix A |
| Order of Swim | In an effort to provide added security and privacy for our Athletes and Coaches in advance of each competition the Order Of Swim is now password protected. Head Coaches will be provided with the password |
| Results | Will be posted on the website http://synchroontario.com/competitive/results/ and emailed to participating Club Head Coaches. |
| Admissions | Figures \$6.00/ Adult Routines \$ 10.00/ Adult Children 10 and under free |
| Photography | All athletes can be photographed and videotaped during the event. SSO approved photographer may be on deck during all or a portion of the event No flash Photograph |

ROUTINE MUSIC REQUIREMENTS

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| File Format | Please note that digital music will be used at this competition. There must be one digital file for each registered routine in an mp3 format, with a minimum required resolution of 192kbps. Coaches should review each digital file for quality, timing and completeness. (Please ensure that volume is consistent throughout all cuts of music) | | | |
| LABELING CONVENTION | <p>In order to correctly identify each swimmer's music, please name the file using the specific naming format as indicated below.</p> <p>IMPORTANT: Please make sure not to have any special characters (accents/punctuation marks, #, \$, & etc.) in your file name – your song file may not download correctly and will be missing from the competition folder. Note that underscores are acceptable and can be used to separate words.</p> <p>For Solo = Category_ClubCallLetters_Coaches Initials_Swimer last name For Duet = Category_Club call Letters_Coaches Initials_Swimmers Initials For Team = Category_ClubCallLetters_Coach Initials_TeamName.format</p> | | | |
| Catagories | 8u 9-10 11-12 13-15 16-20 / Jr Sr. | Nov = Novice stream Pov = Provincial stream Fin = Fina / National stream | | |
| Club Call letters | Burlington- Olympium Synchro = BOSS | Granite Synchro = GRTE | Markham Synchro = MKSC | Sault "Y" Synchro = SUYS |
| | Brant Synchro = Bran | Guelph Synchro = GSSC | Mississauga Synchro = MSSA | Toronto Synchro = TSSC |
| | Burlington Synchro = BSSC | Halton Hills Synchro = HHSC | Nepean Synchro = NPNS | Variety Village Synchro = VVSC |
| | Chaco Synchro = CHCO | Kwartha Trent Synchro = KTSC | Olympium Synchro = OSSC | Waterloo Regional Synchro = WRSC |
| | Durham Synchro = DHSC | K-W Synchro = KWSC | RTC = RTCO | Tsunamis Master = TTMS |
| | Go Capital Synchro =GCSC | London Synchro = LDSC | Sudbury Synchro = SBSC | York Synchro = York |
| Metadata/ ID3Tags | <p>Metadata (also known as ID3 tags for MP3 files) is information (such as title, artist, album, genre etc.) that is stored inside the song file</p> <p>–This is often different from the name of the file itself. In order to avoid confusion at the competition music table, we ask coaches to ensure that the title of the song file, and the ID3 tag title of the song file are the same</p> <p>To do this on Windows PC: Right click on the song file > Select 'Properties' > Select the 'Details' tab Under the segment called 'Description,' change the value of 'Title' to match the file name (as per the naming convention outlined above)</p> <p>To do this in iTunes: Right click on the song file > Select 'Get Info' > Under the 'Details' tab, change the value of 'Song name' to match the file name (as per the naming convention outlined above) > Click OK</p> | | | |
| Submission Deadline | The deadline to send and confirm all routine music files is May 7, 2018 | | | |
| Dropbox access | Access to each clubs dropbox file is sent the Clubs head coaches in late fall. Head Coaches may then add other coaches to the shared club folder (anyone added to the folder can upload files). SSO will not add other coaches to the club files | | | |

HOTEL INFORMATION

Please note that it is the Club's responsibility to book their own accommodation.
Clubs/competitors attending are invited to choose a hotel from the list below.

| Hotel | Hilton Garden Inn | Homewood Suites | Hampton Inn |
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| Address | 1870 Matheson Blvd, Mississauga, ON L4W 0B3 | 5515 Eglinton Ave Mississauga, Ontario M9C 5K5 | 5515 Eglinton Ave Mississauga, Ontario M9C 5K5 |
| Phone # | (905) 361-6300 | (416) 646-4600 | (416) 646-3000 |
| Booking code | Synchro Swim Ontario | Synchro Swim Ontario | Synchro Swim Ontario |
| Proposed Rates | Two Queen Bed \$169.00/night | Two Queen Bed w/ Pullout \$163.00/night King Studio w/ Pullout \$154.00/night | Two Queen Bed w/ pullout \$144.00/night |
| Booking Deadline | April 15, 2018 | April 15, 2018 | April 15, 2018 |
| Gym/ Pool onsite | yes | yes | yes |
| Cost Parking | Inc. | Inc. | Inc. |
| Breakfast | Inc. 2 breakfast vouchers / room | Inc. Buffet | Inc. Buffet |
| Distance to the Pool | 5 km | 3 km | 3 km |

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|-----------------------------|--|--|--|
| Hotel | Town Place Suites | | |
| Address | 505 Orbitor Drive Mississauga Ontario L4W 4X2 | | |
| Phone # | 905-238-9600 | | |
| Booking code | Synchro Ontario | | |
| Proposed Rates | 1 King bed Studio w/ pullout \$135.00 2 Queen Bed studio w/pullout \$140.00 | | |
| Booking Deadline | April 15, 2018 | | |
| Gym/ Pool onsite | yes | | |
| Cost Parking | inc | | |
| Breakfast | Inc buffet | | |
| Distance to the Pool | 3 km | | |