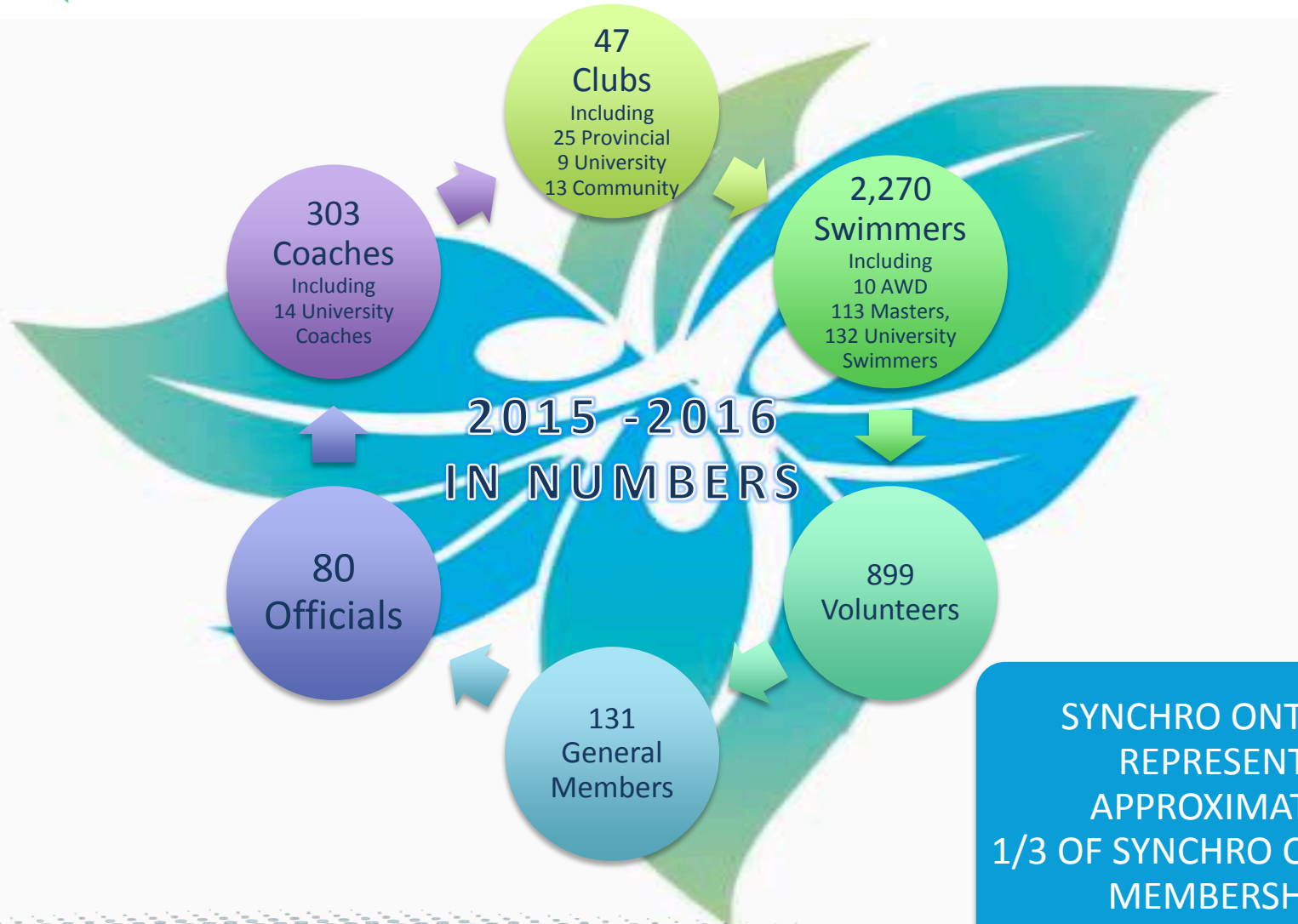
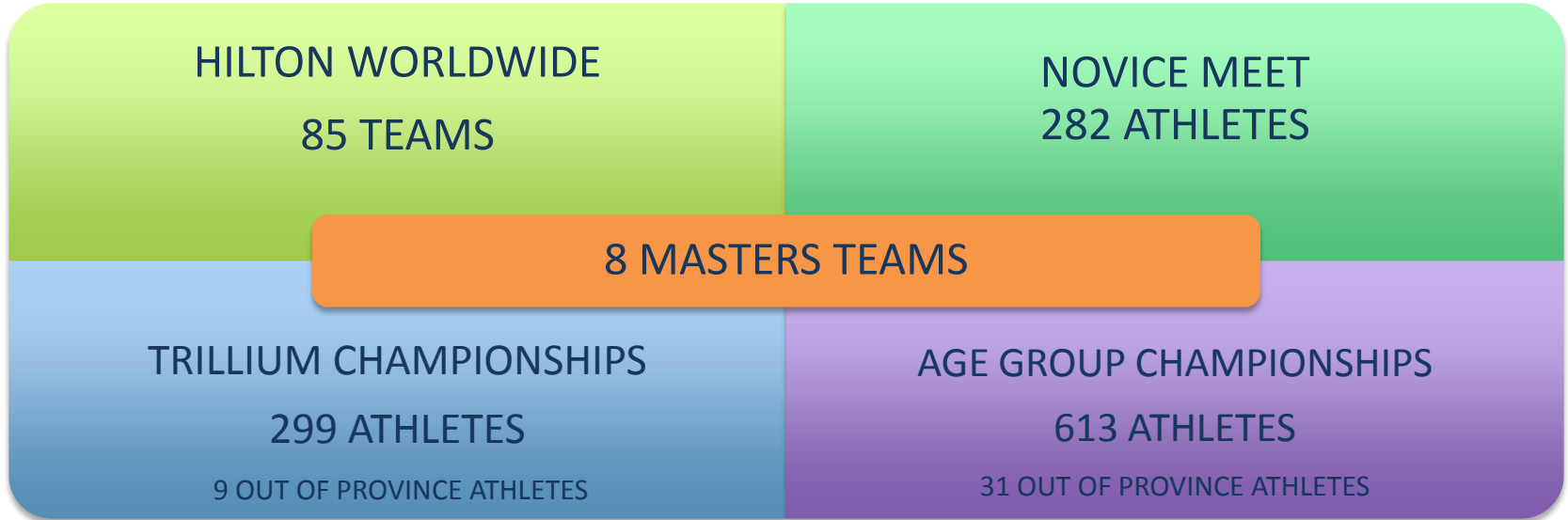


VICE PRESIDENT'S YEAR AT A GLANCE

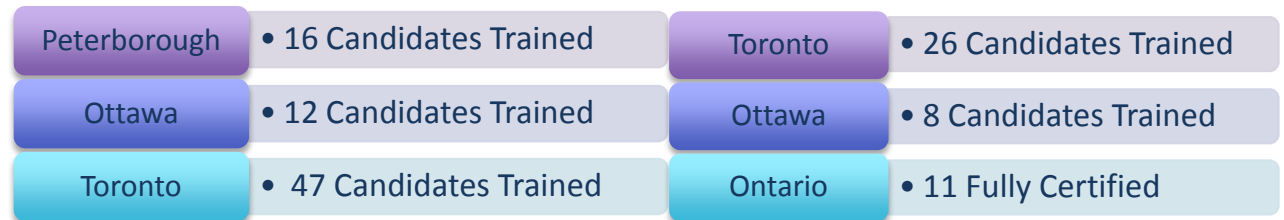




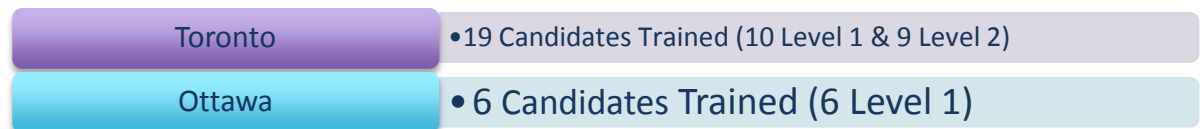
Swim Synchro/Trillium Instructor

Competition Introduction

COACH TRAINING



OFFICIALS TRAINING



Junior National
5 Podium Finishes
2 National Team Athletes

13-15 National
10 Podium Finishes
4 National Team Athletes

11-12 National
11 Podium Finishes

AWD National
2 Podium Finishes

“Unless you try to do something beyond what you have already mastered,
you will never grow.”

2015-2016 saw Synchro Ontario continue, as well as, implement new initiatives such as

T2T Program
Novice Regional Meets
Introduction of LTAD Testing at Novice Meets
Implementation of RTC – Regional Training Centre - Ontario
Once a Month Club Conference Calls

We also saw a change with the office staff. A seamless transition as Kara Heald moved to Special Projects and Rachel Klein took over as Manager Sport Development.

ALL Our Athletes had a VERY Successful Season.



HR COMMITTEE UPDATE

The Human Resources Committee members include:

Mary-Jane Ling, Chair and Vice President

Jill Nelson, President

Wendy Yule, Member at large

Mary Dwyer, Executive Director and Staff Designate

The HR Committee provides oversight and makes HR policy recommendations on related issues to the board.

KEY IMPERATIVES CURRENTLY UNDER REVIEW:

- Review and make recommendations on the corporation's compensation philosophy and strategy
- Review and make recommendations on the Executive Director's total compensation package including incentive, bonus and benefits
- In consultation with the Executive Director, review and make recommendations on guidelines for compensation for staff including incentive, bonus and benefits where applicable

Respectfully submitted,

Mary-Jane Ling

Vice President

Chair HR Committee

