



Competition Development Toronto Course Schedule

DATE: November 10-13, 2016

VENUE : Pan AM Pool
875 Morningside Ave.
Toronto, M1C-0C7
www.tpasc.ca

LEARNING FACILITATORS:
Sherry Robertson & Mary Jane Ling

Schedule (subject to change)

THURSDAY November 10 (S. Robertson)

4:30-5:00 Intro: Welcome, describe pathway, hand out memory sticks/materials

5:00-8:15 Developing Athletic Abilities (DAA)

(Possible pool observation of RTC athletes/coaches)

FRIDAY November 11 (S. Robertson)

9:00-10:15 DAA (continued)

10:15-12:00 Guest Speaker: "A judge's Perspective of Figures & Routines" (Dianne VanderPol)

12:00-12:45 Working Lunch: **Guest Speaker: Jadine Cleary (Synchro Canada Technical Director)**
Launch of synchrocoach.ca

12:45-1:45 DAA (continued--finish)

1:45-2:00 Break

2:00-5:30 Performance Planning

5:30-6:00 Dinner Break

6:00-7:00 pm Plan a Practice

SATURDAY November 12 (S. Robertson: morning)

9:00-10:30 Plan a Practice (Finish)

10:30-11:00 Review of Coach Portfolio

11:00-11:45 Lunch

Synchro Canada

700 Industrial Ave, suite 401, Ottawa, ON K1G 0Y9

Phone: (613) 748-5674, Fax: (613) 748-5724, www.synchro.ca

(MJ Ling—afternoon)

11:45-4:00 Analyze Routines (**MJ Ling**)

(Possible pool observation of RTC athletes/coaches)

4:00-4:30 Break

4:30-6:00 Analyze Routines (finish)

6:00-6:30 Dinner Break

6:30-8:00 Manage a Sport Program

SUNDAY Nov. 13 (MJ. Ling)

9:00-9:45 Review any additional items/coaches' specific issues from Manage a Sport Program

9:00-11:00 Analyze Figures

11:00-12:00 Working Lunch and observe Camp

12:00-3:30 Analyze Figures (continued and finish)

Any questions, please contact:

Sherry Robertson, ChPC

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