



SAVE THE DATE



Sanctioned by Synchro Swim Ontario,
KW and OSSC jointly announce
**The 2nd Annual Early Bird Fitness Challenge
& FINA Figure Event**

Sunday November 27, 2016

@ The Etobicoke Olympium, 590 Rathburn Road, Etobicoke, M9C 3T3

Start and end times of the Meet will be announced
after registration has closed.

LTAD FITNESS CHALLENGE

All swimmers will be assessed in Synchro Canada's LTAD water skills and land skills. Space permitting, novice swimmers will be able to participate.

FINA FIGURES

National stream swimmers will be tested in their figures.

**Registration information will
soon be coming your way.**