



# Coach Pathway- Competition - Introduction

## Coach Training Pathway

### Make Ethical Decisions \*

3.5 hours

#### Context

Instructor, Competition Introduction,  
Competition Development

### Introduction Module \*

1hr 10 min class

### Design a Sport Program Module \*

5hr class

### Plan a Practice Module \*

1hr 40 min class

### Support Athlete in Training and

### Competition Module \*

2hr 15 min class

### Analyze Performance Module \*

1.5 hr class, 1 hr in pool

**In Training** – will be your status if you have completed some but not all of the training modules

**=Trained** Competition Introduction

## Coach Evaluation Pathway

Make Ethical Decisions (MED) On-line Evaluation

<http://nccpeval.coach.ca/production/med/e/default.asp>

#### Context

Instructor      Competition Introduction      Competition Development

### Competition Introduction Evaluation \*

Coach must submit a portfolio, be observed by an Evaluator while training his/her athletes and also observed while his/her athletes are competing at an event

#### Outcomes

- 1) Design a Sport Program
- 2) Plan a Practice
- 3) Provide Support to Athletes in Training
- 4) Support the Competitive Experience
- 5) Analyze Performance

**= Certified Competition Introduction**

### Maintenance of Certification/Professional Development

*Within 4 years after certification date the coach must participate in one of the options listed below*

- A. Participate in any 2 modules offered by the NCCP (Including Multisport, Synchro Specific, or other Sport Related)
- B. Participate in Learning Facilitator Training
- C. Participate in 2 Days of Conference

\* Any other events may be pre-approved by your Synchro Provincial Office or the Synchro Canada office.

### Legend

Solid Red Box – Mandatory      Broken Orange Box – Optional but Strongly Recommended

\*Blue Asterisk – To register contact you Provincial Multi-Sport Org. (ex. Sport BC)

\*Pink Asterisk – To register contact your Provincial Synchro Org. (ex. Synchro PEI)