



2017-18 Train to Train

High Performance Athlete Development Program **Selection Criteria**

2017-18 T2T HPAD Program Overview

Synchro Swim Ontario is excited to announce the continuation of our highly successful Train to Train (T2T) High Performance Athlete Development Program (HPAD) for the 2017-18 season. T2T will continue to build upon previous seasons' best practices and principles, and will incorporate new and enhanced programming in 2017-18 to continue to innovate and provide best-in-class programming for our athletes. Structured similarly to last season's program, T2T will continue to provide enhanced training and development programming for athletes in the critical 12-15 year old Train to Train Long-term Athlete Development Stage, building a base of talent and supporting SSO's High Performance Athlete Development Pathway. With respect to athlete intake (detailed in the Selection Criteria below), those 13-15 athletes who are eligible for the Fall 2017 Canada Games Training Pool will be selected into that program first, and then any additional athletes not already selected to the Training Pool would be selected to T2T. The 2017-18 program will continue to align with our NSO's CS4L-LTAD Stages and RTC-Ontario Programming, creating a streamlined high performance athlete talent identification and development system within our province. The previous T2T / RTC Outreach Program will also continue to be offered, however for the 2017-18 season it will be implemented as a separate program in order to serve athletes in the critical 14-15 year-old group across both the Fall 2017 Canada Games Training Pool & the T2T HPAD Program. Separate selection criteria for the Outreach program will be released shortly.

T2T HPAD Program Plan:

The 2017-18 T2T program will encompass the following program components for all athletes:

- 1x three-day weekend kick-off camp in September 2017
- 3x one-day general preparation phase camps in October 2017, November 2017, and January 2018
- 1x one-day debrief camp following Provincial Championships in February 2018
- Competition feedback from SSO HP/Tech Lead Sheilagh Croxon and/or Regional Training Centre – Ontario Coaches after Lisa A./Provincial Qualifier and Provincial Championships

Fees:

The 2017-18 T2T Program will continue to be supported through a combination of funding from Synchro Swim Ontario and registered athlete fees. Athlete fees for 2017-18 will be as follows:

T2T Athlete Registration Fee = \$675.00

Selection:

Selection for the 2017-2018 Train to Train High Performance Athlete Development Program will be based on athlete results at 2016-17 competitions. Specific selection to the 2017-2018 T2T High Performance program for athletes competing in the 11-12 & 13-15 Age Groups in 2017 will be as follows:

Eligibility:

Selection is open to ALL athletes that are 11-14 years of age as of **December 31, 2017** and who are members in good standing of Synchro Swim Ontario:

- Athletes aged 11 or 12 as of December 31, 2017 (competing in 11-12 in 2017) and who would be **12** (2nd year of 11-12) or **13** (1st year of 13-15) in 2017-18 season
- Athletes aged 13 or 14 as of December 31, 2017 (competing in 13-15 in 2017) and who would be **14** (2nd year of 13-15) or **15** (final year of 13-15) in 2017-18 season

Note – Some athletes who fall into the Selection Criteria below may also be eligible for the Fall 2017 Canada Games Team Training Pool. In this case, athletes will first be selected to the Canada Games Team Training Pool (CGT-TP) Program (as per the posted criteria), and then any eligible athletes not already selected to CGT-TP will be selected into T2T.

Selection Criteria:

For athletes aged 11-12:

- 1) The **10 members** of the 2017 11-12 Provincial Team selected as per the 2017 11-12 Provincial Team Selection Criteria (athletes who are aged 11 or 12 as of December 31, 2017).
- 2) After the members of the 11-12 Provincial Team aged **11** are accounted for, the next-ranked athletes aged **11** as of December 31, 2017, ensuring there are at least 9 athletes in total aged 11 (as of December 31, 2017) selected to the program. Selection shall be based on an analysis of figure results by the Synchro Swim Ontario HP/Technical Lead at the 2017 Provincial Championships, 2017 Age Group Championships, 2017 Trillium 12&U Championships, 2017 Espoir Championships (if applicable) and the 11-12 Provincial Team Trials (if applicable). **Example** – 2 athletes on the 2017 Provincial Team will be 11 as of December 31, 2017, therefore 7 additional athletes who will be 11 as of December 31, 2017 will be selected to the program so the total is brought up to 9.
- 3) After the members of the 11-12 Provincial Team aged **12** are accounted for, the next-ranked athletes aged **12** as of December 31, 2017, ensuring there are at least 9 athletes in total aged 12 (as of December 31, 2017) selected to the program. Selection shall be based on an analysis of figure results by the Synchro Swim Ontario HP/Technical Lead at the 2017 Provincial Championships, 2017 Age Group Championships, 2017 Trillium 12&U Championships, 2017 Espoir Championships (if applicable) and the 11-12 Provincial Team Trials (if applicable). **Example** – 8 athletes on the 2017 Provincial Team will be 12 as of December 31, 2017, therefore 1 additional athlete who will be 12 as of December 31, 2017 will be selected to the program so the total is brought up to 9.

For athletes aged 13-14:

- 4) Any athletes selected to the National 13-15 Team as per the Synchro Canada Selection Criteria (only athletes who are aged 13 or 14 as of December 31, 2017 as athletes aged 15 as of December 31, 2017 will be aging up to Junior or 16-20 in 2017-18), and excluding athletes already selected to the Fall 2017 Canada Games Team Training Pool.
- 5) The **10 members** of the 2017 13-15 Provincial Team selected as per the 2017 13-15 Provincial Team Selection Criteria (only athletes aged 13 or 14 as of December 31, 2017 are eligible, as athletes aged 15 as of December 31, 2017 will be aging up to Junior or 16-20 in 2017-18) and excluding athletes already selected to the Fall 2017 Canada Games Team Training Pool.
- 6) After the members of the 13-15 National and Provincial Team aged **13** are accounted for, the next-ranked athletes aged **13** as of December 31, 2017, ensuring there are at least 9 athletes in total aged 13 (as of December 31, 2017) selected to the program. Selection excludes athletes already selected to the Fall 2017 Canada Games Team Training Pool. Selection shall be based on an analysis of figure results by the Synchro Swim Ontario HP/Technical Lead at the 2017 Provincial Championships, 2017 National Qualifier, 2017 Age Group Championships, 2017 Espoir Championships and the 13-15 Provincial Team Trials (if applicable). **Example** – 1 athlete on the 2017 Provincial Team will be 13 as of December 31, 2017, therefore 8 additional athletes who will be 13 as of December 31, 2017 will be selected to the program so the total is brought up to 9.
- 7) After the members of the 13-15 National and Provincial Team aged **14** are accounted for, the next-ranked athletes aged **14** as of December 31, 2017, ensuring there are at least 9 athletes in total aged 14 (as of December 31, 2017) selected to the program. Selection excludes athletes already selected to the Fall 2017 Canada Games Team Training Pool. Selection shall be based on an analysis of figure results by the Synchro Swim Ontario HP/Technical Lead at the 2017 Provincial Championships, 2017 National Qualifier, 2017 Age Group Championships, 2017 Espoir Championships and the 13-15 Provincial Team Trials (if applicable). **Example** – 5 athletes on the 2017 Provincial Team will be 14 as of December 31, 2017, therefore 4 additional athletes who will be 14 as of December 31, 2017 will be selected to the program so the total is brought up to 9.

For all athletes:

- 8) The Synchro Swim Ontario HP/Technical Lead with support from the Sport Development Manager shall have the discretion to identify and select any additional talent identified athletes aged 11-14 as of December 31, 2017 to the program.

Byes:

The privilege of granting byes will be given at the discretion of the Synchro Swim Ontario High Performance Selection Committee. The bye process must be followed including proper and official written documentation by the athlete requesting a bye (written explanation, doctor's note, etc.).

Authority for Selection:

The final decision-making authority to determine which athletes will be selected to the 2017-2018 T2T HPAD Program will rest with the Synchro Swim Ontario HP/Technical Lead. The Sport Development Manager is responsible for ensuring that the process outlined in this document is properly followed and that the selection process is fair and equitable for all candidates. The Sport Development Manager reserves the right to ask other Synchro Swim Ontario representatives to help and support her in this task.

Notification of Selection & Registration:

Selection to the 2017-2018 Train to Train High Performance Athlete Development Program will be communicated by **June 30, 2017**. Notification of successful athletes will be communicated first to the Head Coach and Club President of the Club of the selected athlete. The Head Coach and Club President will then be asked to forward the attached registration package to the athlete's parents. Registration will require that the athletes' parents, Club President and Head Coach sign-off on the Registration Form agreeing that they support full participation in all of the training session dates (which will be communicated at this time). Note that sign-off will require signature on the registration form OR due to summer holidays may be accepted via written email to the Sport Development Manager. Instructions will be included on the registration form.