

BELOW ARE EVENTS/ACTIVITIES THAT ARE PRE-SANCTIONED, SANCTIONED OR NON-SANCTIONED FOR PURPOSES OF MEMBER (CLUB), COACH, TEAM, ATHLETE AND/OR COACH DEVELOPMENT

Events that are PRE-SANCTIONED	Notes & Conditions
<p><i>Pre-sanctioned events refer to events or activities where a sanction request application by the Member (club) is NOT required.</i></p>	
<p>Competitions</p>	<ul style="list-style-type: none"> - Participation in Synchro Swim Ontario competitions and/or Synchro Canada competitions; - Sanction covers activities directly related to the synchronized swimming event, including related training, team meals and <u>organized group travel</u>;¹ - All participating athletes and coaches must be properly registered; - Clubs should consider applying for EXCESS TRAVEL MEDICAL INSURANCE when travelling outside Ontario.²
<p>Member (Club) Board, Committee and/or Coach Meetings</p>	<ul style="list-style-type: none"> - All participating volunteers and coaches must be properly registered.
<p>Invitational Meets</p>	<ul style="list-style-type: none"> - Participation in invitational meets that have been sanctioned by Synchro Swim Ontario; - SSO sanctioned invitational meets are posted on the SSO website; - Sanction covers activities directly related to the synchronized swimming event, including related training, team meals and <u>organized group travel</u>; - All participating athletes and coaches must be properly registered; - Participation is limited to athletes registered in a competitive stream (<i>i.e.</i>, novice, provincial or national).
<p>Private Figures or Routine Practices – Club Pool Time</p>	<ul style="list-style-type: none"> - Must take place during regular pool time booked by the club; - All activities must be properly supervised, including use of certified lifeguards; - All participating athletes and coaches must be properly registered.
<p>Promotional Static Displays (e.g., glass case in pool facility that has club information, photos, etc.)</p>	<ul style="list-style-type: none"> - Subject to policies established by pool/recreational facility, as appropriate.

¹ Travel to a Synchro Swim Ontario or Synchro Canada competition is NOT pre-sanctioned where a parent, not the Member (club), makes the travel arrangements and athletes are travelling with a parent rather than a coach or chaperone (*i.e.*, individual rather than organized group travel).

² Applications for Excess Travel Medical Insurance are available from SSO’s insurer, Jones Brown, by email at sportsadministrator@pearsondunn.com or by phone at 1-800-461-5087. Excess Travel Medical Insurance covers activities directly related to the synchronized swimming event, including related training, team meals and organized group travel. Clubs should consider purchasing additional travel and medical insurance for athletes, coaches and chaperones, as appropriate, for non-synchro related club/team activities such as shopping or going to the beach, concerts or movies or participating in activities like laser tag, horse riding, etc.

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<p>Recreational Testing</p>	<ul style="list-style-type: none"> - All activities must be properly supervised, including use of certified lifeguards; - All participating athletes and coaches must be properly registered; - Testing may involve coaches and/or SSO certified officials.
<p>Season Training – Pool & Dry Land</p>	<ul style="list-style-type: none"> - Regular club training/practices; - All activities must be properly supervised, including use of certified lifeguards during pool time; - All participating athletes, coaches and paid consultants must be properly registered; - The Member (club) does NOT need to register paid consultants that are used on an occasional basis (e.g., for a one-day event). In such instances, the activity and all properly registered participants are covered by the SSO insurance policy but the non-registered consultant is NOT.

Events that MAY BE Sanctioned: Training & Competition	Notes & Conditions
<p><i>A sanction request application must be submitted by the Member (club) and approved by SSO. There may be NO INSURANCE without an approved sanction. Any event that takes place without a sanction or with a sanction that does not reflect the event with sufficient detail or accuracy is subject to a FINE.</i></p>	
Club Try-outs	<ul style="list-style-type: none"> - Sanction Request Application A must be submitted and approved; - All activities must be properly supervised, including use of certified lifeguards as appropriate.
Hosting Clinic (e.g., coaching clinics, skills camps, etc.)	<ul style="list-style-type: none"> - Sanction Request Application A must be submitted and approved; - All activities must be directly related to club, team athlete and/or coach development; - All activities must be properly supervised, including use of certified lifeguards as appropriate.
Hosting Invitational Meets	<ul style="list-style-type: none"> - Sanction Request Application B – Invitational Meets/Events must be submitted and approved; - Applications for sanction must be submitted at least THREE MONTHS in advance of the requested date(s) or a late fee applies; - Participation is limited to athletes registered in a competitive stream (i.e., novice, provincial or national); - All activities must be properly supervised, including use of certified lifeguards as appropriate.
Hosting Synchro Camp (i.e., camp lasting more than one day)	<ul style="list-style-type: none"> - Sanction Request Application A must be submitted and approved; - Special Programs Registration form must be submitted for camps lasting more than one day for participants that are NOT already registered with SSO; - FEE for non-registered participants payable to SSO within 30-days of the event; - All activities must be properly supervised, including use of certified lifeguards as appropriate.
Hosting Try Synchro Event (i.e., one-day event)	<ul style="list-style-type: none"> - Sanction Request Application A must be submitted and approved; - Club must collect participant and parent/guardian name and contact information; - All activities must be properly supervised, including use of certified lifeguards as appropriate.

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<p>Out-of-province Travel (<i>i.e.</i>, excluding Synchro Canada competitions, which are pre-sanctioned)</p>	<ul style="list-style-type: none"> - Sanction Request Application A must be submitted and approved; - All activities must be properly supervised, including use of certified lifeguards as appropriate; - Sanction covers activities directly related to the synchronized swimming event/activity, including team meals and <u>organized group travel</u>;³ - All participating athletes and coaches must be properly registered; - Clubs should consider applying for EXCESS TRAVEL MEDICAL INSURANCE when travelling outside Ontario or outside Canada.⁴
<p>Trillium Testing</p>	<ul style="list-style-type: none"> - Sanction Request Application A must be submitted and approved; - All activities must be properly supervised, including use of certified lifeguards as appropriate; - Testing MUST involve SSO certified officials.

³ Out-of-province travel is NOT sanctioned where a parent, not the club, makes the travel arrangements and athletes are travelling with a parent rather than a coach or chaperone (*i.e.*, individual rather than organized group travel).

⁴ Applications for Excess Travel Medical Insurance are available from SSO's insurer, Jones Brown, by email at sportsadministrator@pearsondunn.com or by phone at 1-800-461-5087. Excess Travel Medical Insurance covers activities directly related to the synchronized swimming event, including related training, team meals and organized group travel. Clubs should consider purchasing additional travel and medical insurance for athletes, coaches and chaperones, as appropriate, for non-synchro related club/team activities such as shopping or going to the beach, concerts or movies or participating in activities like laser tag, horse riding, etc.

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Events that MAY BE Sanctioned: Administration	Notes & Conditions
<p><i>A sanction request application by the Member (club) IS required. There may be NO INSURANCE without an approved sanction. Any event that takes place without a sanction or with a sanction that does not reflect the event with sufficient detail or accuracy is subject to a fine.</i></p>	
Member or Annual General Meeting, Conference, Clinic, etc.	Sanction Request Application A must be submitted and approved.
Club Social (e.g., September club events, holiday-related events, year-end events, etc.)	Sanction Request Application A must be submitted and approved; NO ALCOHOL may be supplied or served by club members at this event; sanction may be considered where alcohol is supplied and served by venue; All activities must be properly supervised.
Club Water Show	Sanction Request Application A must be submitted and approved; All activities must be properly supervised, including use of certified lifeguards as appropriate.
Promotional Event (e.g., mall display and/or registration event)	Sanction Request Application A must be submitted and approved; All activities must be properly supervised.
Promotional Swim Demonstration	Sanction Request Application A must be submitted and approved; All activities must be properly supervised, including use of certified lifeguards as appropriate.

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Events that MAY BE Sanctioned: Fundraising	Notes & Conditions
<p><i>A sanction request application by the Member (club) IS required. There may be NO INSURANCE without an approved sanction. Any event that takes place without a sanction or with a sanction that does not reflect the event with sufficient detail or accuracy is subject to a fine.</i></p>	
Bingos	<ul style="list-style-type: none"> - Sanction Request Application A must be submitted and approved; - Subject to legislative and regulatory requirements administered by the Alcohol and Gaming Commission of Ontario (AGCO); - NO ALCOHOL may be supplied or served by club members at this event.
Burning Bright	<ul style="list-style-type: none"> - Sanction Request Application A must be submitted and approved; - All activities must be properly supervised, including use of certified lifeguards as appropriate.
Fundraising Event (e.g., dinner event, silent auction, etc.)	<ul style="list-style-type: none"> - Sanction Request Application A must be submitted and approved; - NO ALCOHOL may be supplied or served by club members at this event; sanction may be considered where alcohol is supplied and served by venue; - All activities must be properly supervised.
Swim-a-thon	<ul style="list-style-type: none"> - Sanction Request Application A must be submitted and approved; - All activities must be properly supervised, including use of certified lifeguards as appropriate.
Tag Days	<ul style="list-style-type: none"> - Sanction Request Application A must be submitted and approved; - All activities must be properly supervised; - Subject to policies established by municipalities and retailers, as appropriate.

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Events that ARE NOT Sanctioned	Comments
<i>These events/activities would NOT be sanctioned by SSO (i.e., they are NOT covered by the SSO insurance policy)</i>	
Community Festivals or Parades	<ul style="list-style-type: none"> - Community festivals or parades should have their own insurance; - SSO would NOT sanction club/team participation in community festivals or parades.
Private Figures or Routine Practices – Non-Club Pool Time	<ul style="list-style-type: none"> - Private figures or routine practices that take place outside regular pool time booked by the club are NOT sanctioned (e.g., extra figure practices at public swims, in backyard/ private pools, etc.).
High Risk Event/Activities	<ul style="list-style-type: none"> - Any event or activity considered high risk would NOT be sanctioned.
Invitational Meets/Events – Recreational and/or Community Program Swimmers	<ul style="list-style-type: none"> - Competitive meets or events held for recreational and/or community program swimmers would NOT be sanctioned.
Non-synchro related activities	<ul style="list-style-type: none"> - SSO's insurance policy is not intended to cover non-synchro related club/team activities such as shopping or going to the beach, concerts or movies or participating in activities like laser tag, horse riding, etc.
Other Competitive Sport Activities	<ul style="list-style-type: none"> - SSO's insurance policy is not intended to cover non-synchro activities where a club or team competes against another organization (e.g., slo-pitch, soccer, diving, swimming, etc.). - To be considered for a sanction, such activities must be used for synchro-related skill development.
Training at Private Facility Using Non-registered, Third Party Contractor (e.g., local dance, gymnastics or circus school, fitness centre, recreation centre, etc.)	<ul style="list-style-type: none"> - Club/team training at private facilities using non-registered, third party contractors would NOT be sanctioned; - The facility or third party contractor should provide insurance for this event.
Vendors at Events	<ul style="list-style-type: none"> - SSO's insurance policy does NOT extend to vendors participating in or providing displays at events. - Vendors must provide proof of their own insurance coverage.

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Form	Comments & Fines
Sanction Request Application A	<ul style="list-style-type: none"> - Applications for sanction are required TWO WEEKS prior to the event; - Any event that takes place without a sanction or with a sanction that does not reflect the event with sufficient detail or accuracy is subject to a \$50.00 FINE.
Sanction Request Application B – Invitational Meets/Events	<ul style="list-style-type: none"> - Applications for sanction are required at least THREE MONTHS prior to the requested dates or a \$50.00 LATE FEE applies; - Any event deemed by SSO as an Invitational Meet/Event that takes place without a sanction or with a sanction that does not reflect the event with sufficient detail or accuracy is subject to a \$500.00 FINE; - Any club that participates in a non-sanctioned Invitational Meet/Event is subject to a \$100.00 FINE.