



2010 Synchro Swim Ontario Awards *Nominations*

Synchro Swim Ontario is once again pleased to be presenting the following awards for the 2009-2010 Season:

Synchro Swim Ontario Athlete of the Year Award

Synchro Swim Ontario will be acknowledging the outstanding achievements and contributions made by a provincial stream synchronized swimming athlete. This individual possesses the qualities we associate with athletic achievement, good sportsmanship, and leadership within their club and community.

Synchro Swim Ontario Coach of the Year Award

Synchro Swim Ontario will be acknowledging the outstanding achievements and contributions made by a provincial stream synchronized swimming coach. This individual possesses the qualities we associate with performance excellence and sport achievement, good sportsmanship, and leadership within their club and community.

Synchro Swim Ontario Volunteer of the Year Award

Synchro Swim Ontario will be acknowledging the outstanding achievements and contributions made by a volunteer who has made an outstanding contribution to the establishment and/or ongoing development of a club, organization, facility, project and/or special sport program in synchronized swimming in Ontario.

Awards will be presented at the 2010 Age Group Championships during the Athlete Banquet.

All Nominations are due to Synchro Ontario, via email only, in Microsoft Word format, by **Tuesday, April 13, 2009. Email nominations to**

2010awards@synchroontario.com.

Award eligibility, selection criteria, and nomination guidelines for each award are attached. For any questions regarding the Synchro Swim Ontario Awards please contact Leslie Makins via e-mail lmakins@synchroontario.com or call 905-572-7962 x224. Do NOT email nominations to staff member email accounts.



Synchro Swim Ontario Athlete of the Year Award

Synchro Swim Ontario will be acknowledging the outstanding achievements and contributions made by a provincial stream synchronized swimming athlete. This individual possesses the qualities we associate with athletic achievement, good sportsmanship, and leadership within their club and community.

Nominations for this award must be submitted by a member club and endorsed by a club representative (club board member or head coach). This award will be presented at the 2010 Ontario Age Group Championships Athlete Banquet.

Eligibility & Selection Criteria:

- The nominee must be a registered competitive athlete with Synchro Swim Ontario
- The nominee must have represented a member club in provincial stream competition during the 2009-10 season.
- Nomination must be based upon accomplishments achieved between May 1, 2009 (includes 2009 Tier Championships, and 2009 Trilliums) and April 30, 2010 (includes 2010 Regional Championships, etc.).
- One application per club will be accepted in this category.

Selection is based solely on the information provided. Please ensure that the nomination is accurate, succinct, and complete.

The selection committee will use the following criteria when reviewing nominations:

- The nominee's competitive results demonstrating the athlete's successes and improvement over the course of the season.
- Other notable achievements made by the athlete (club awards, school or community awards, outstanding contributions, etc.)
- Demonstration of the athlete's commitment and contributions to the sport, club and community.
- Any exceptional circumstances and/or special challenges the nominee has overcome
- Exemplification of sportsmanship/fair play.

All nominations are due to Synchro Ontario by Tuesday, April 13, 2009 in a Microsoft WORD file, via email only to 2010awards@synchroontario.com

Award eligibility, selection criteria, and nomination guidelines for each award are attached.

For any questions regarding the Synchro Swim Ontario Awards please contact Leslie Makins via e-mail lmakins@synchroontario.com or call 905-572-7962 x224. Do NOT send nominations to staff member email accounts.



Synchro Swim Ontario Athlete of the Year Award

Please answer the following questions about your Athlete of the Year nominee:

A. Contact Details:

Nominee:		Nominator:	
Club:		Club:	
CASSA No. & Age:		Role:	
Address:		Address:	
City/Province:		City/Province:	
Postal Code:		Postal Code:	
Phone:		Phone:	
E-mail:		E-mail:	

B. Endorsement:

All nominations for the Athlete of the Year require the endorsement of their club.

Club Representative's Name:

Club Representative's Phone No.:

C. Tell us about your Nominee:

- a) The nominee's competitive results demonstrating the athlete's successes and improvement over the course of the season (*may include results from 2009 Tier Championships, 2009 (Trillium) 12 & Under Open Championships, 2009 Lisa Alexander Meet, 2010 Regional Championships, and any invitationals attended*)
- b) Other notable achievements made by the athlete (club awards, school or community awards, outstanding contributions, etc.)
- c) Demonstration of the athlete's commitment and contributions to the sport, club and community.
- d) Any exceptional circumstances and/or special challenges the nominee has overcome
- e) Exemplification of sportsmanship/fair play.



Synchro Swim Ontario Coach of the Year Award

Synchro Swim Ontario will be acknowledging the outstanding achievements and contributions made by a provincial stream synchronized swimming coach. This individual possesses the qualities we associate with performance excellence and sport achievement, good sportsmanship, and leadership within their club and community.

Nominations for this award must be submitted by a member club and endorsed by a club representative (club board member or head coach). This award will be presented at the 2010 Ontario Age Group Championships Athlete Banquet.

Eligibility & Selection Criteria:

- The nominee must be a registered coach with Synchro Swim Ontario & have an NCCP No.
- The nominee must hold a minimum CBET/NCCP Level 1 technical certification
- The nominee must have coached with a member club during the 2009-10 season.
- Nomination must be based upon accomplishments achieved between May 1, 2009 (includes 2009 Tier Championships, and 2009 Trilliums) and April 30, 2010 (includes 2010 Regional Championships, etc.).
- One application per club will be accepted in this category

Selection is based solely on the information provided. Please ensure that the nomination is accurate, succinct, and complete.

The selection committee will use the following criteria when reviewing nominations:

- Assessment of coaching efforts as they pertain to results achieved demonstrating success and the improvement of the athletes coached.
- Other notable achievements made by the coach (club awards, school or community awards, outstanding contributions, etc.)
- Demonstration of the coach's commitment and contributions to the sport, club and community.
- Any exceptional circumstances and/or special challenges the nominee has overcome
- Exemplification of sportsmanship/fair play.

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Synchro Swim Ontario Coach of the Year Award

Please answer the following questions about your Coach of the Year nominee:

A. Contact Details:

Nominee:		Nominator:	
Club:		Club:	
CASSA No. & NCCP No.		Role:	
Address:		Address:	
City/Province:		City/Province:	
Postal Code:		Postal Code:	
Phone:		Phone:	
E-mail:		E-mail:	

B. Endorsement:

All nominations for the Coach of the Year require the endorsement of their club.

Club Representative's Name:

Club Representative's Phone No.:

C. Tell us about your Nominee:

- a) Assessment of coaching efforts as they pertain to results achieved demonstrating success and the improvement of the athletes coached (*may include results from 2009 Tier Championships, 2009 (Trillium) 12 & Under open, 2009 Lisa Alexander Meet, 2010 Regional Championships, and any invitationals attended*)
- b) Other notable achievements made by the coach (club awards, school or community awards, outstanding contributions, etc.)
- c) Demonstration of the coach's commitment and contributions to the sport, club and community.
- d) Any exceptional circumstances and/or special challenges the nominee has overcome
- e) Exemplification of sportsmanship/fair play.



Synchro Swim Ontario Volunteer of the Year Award

Synchro Swim Ontario will be acknowledging the outstanding achievements and contributions made by a volunteer who has made an outstanding contribution to the establishment and/or ongoing development of a club, organization, facility, project and/or special sport program in synchronized swimming in Ontario.

Nominations for this award must be submitted by a member club or Synchro Ontario Official and endorsed by a club representative (club board member or head coach) or Synchro Ontario Official. This award will be presented at the 2010 Ontario Age Group Championships Athlete Banquet.

Eligibility & Selection Criteria:

- The nominee must be affiliated with a member club, or be a registered Synchro Swim Ontario official who has volunteered and made contributions during the 2009-10 season.
- The nominee must be an individual who has made significant strides in synchronized swimming in one or more of the following categories:
 - a. Promoting and advancing the sport
 - b. History of involvement in the sport and performance as an official or administrator, and that builds or develops the sport.
- Only one application per club will be accepted in this category.

Selection is based solely on the information provided. Please ensure that the nomination is accurate, succinct, and complete.

The selection committee will use the following criteria when reviewing nominations:

- a) The nominee's history of involvement, commitment and contributions to the sport of synchronized swimming within Synchro Ontario, their club and community.
- b) Other notable achievements (club or community awards, outstanding contributions, etc.)
- c) Any exceptional circumstances and/or special challenges the nominee has overcome

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Award eligibility, selection criteria, and nomination guidelines for each award are attached.

For any questions regarding the Synchro Swim Ontario Awards please contact Leslie Makins via e-mail lmakins@synchroontario.com or call 905-572-7962 x224. Do NOT send nominations to staff member email accounts.



Synchro Swim Ontario Volunteer of the Year Award

Please answer the following questions about your Volunteer of the Year nominee:

A. Contact Details:

Nominee:		Nominator:	
Club (if applicable):		Club:	
Role:		Role:	
Address:		Address:	
City/Province:		City/Province:	
Postal Code:		Postal Code:	
Phone:		Phone:	
E-mail:		E-mail:	

B. Endorsement:

All nominations for the Volunteer of the Year require the endorsement of a club representative or a Synchro Swim Ontario Official.

Endorser's Name:

Endorser's Phone No.:

C. Tell us about your Nominee:

- a) The nominee's history of involvement, commitment and contributions to the sport of synchronized swimming within Synchro Swim Ontario, their club and community.
- b) Other notable achievements (club or community awards, outstanding contributions, etc.)
- c) Any exceptional circumstances and/or special challenges the nominee has overcome