Pansy Forbes 2
Routine Incentive Award
TEST SHEET

Synchro Swim ONTARIO
www.synchroontario.com

Swimmer Name Address & Postal Code (PLEASE PRINT)	Age (if under 18) or "A" for Adult	Eggbeater to Front Flutter	Front Pike Somersault	Flamingo	Ballet Leg	Tip back & Split Position	Circle Pattern	Back Pike Somersault	Circle to Line pattern change	Synchronization *(in time with music & other swimmers)*	Presentation *(smiling, happy, having fun)*	RESULT
1.												
2.												
3.												
4.												
5.												
6.												
7.												
8.												

PASS = ✓ WEAK = W INCOMPLETE = I

Pool: _____ Test Date: _____

Club/Municipality: _____ Instructor/Examiner & ID# _____

Phone Number: _____ Signature: _____