



Team Canada set for Olympic Games in Beijing



The Olympic Games kick off in Beijing, China on Friday, August 8 and our Canadian synchro team will be aiming to make a splash when the synchro competition begins on Monday, August 18.

Marie-Pier Boudreau-Gagnon and Isabelle Rampling will represent Canada in the duet competition which will take place over 3 days from August 18-20. The team competition will then heat up the pool August 22 and 23 with Canada eager to climb up the international standings.

Please visit the Synchro Canada website: www.synchro.ca for all Olympic team news, press releases, and updates, and check your local listings for CBC air times for synchro coverage during the Olympic Games.

Good Luck Team Canada!

Marie-Pier Boudreau-Gagnon, Jessika Dubuc, Marie-Pierre Gagne, Dominika Kopcik, Eve Lamoureux, Tracy Little, Elise Marcotte, Alison McKenny, Isabelle Rampling, Jennifer Song

Olympic Synchro Schedule

Check cbc.ca for air times

Monday, August 18

Duet Technical Routine Preliminary

Tuesday, August 19

Duet Free Routine Preliminary

Wednesday, August 20

Duet Free Routine Final

Friday, August 22

Team Technical Routine

Saturday, August 23

Team Free Routine

Lisa & Nina Daniels off to make history for New Zealand at Olympics



Lisa and Nina Daniels have been training in Ontario for four years and are now achieving their dream of competing at the Olympic Games beginning August 18. Lisa and Nina are the first synchro swimmers from New Zealand to compete at the Olympics since 1984.

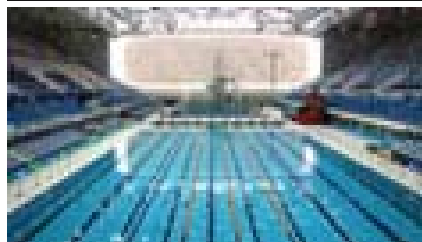
Lisa and Nina have trained with the Olympium Synchro Club and this past year with the Granite Club and all of their friends and supporters from Ontario wish them the best of luck as they compete at the Olympic Games. Lisa and Nina will be accompanied by coach Sheila Croxon.

You can check our Lisa & Nina's Olympic blog at: <http://www.olympic.org.nz/Blog/BlogList.aspx?ID=6158>

Good luck Lisa & Nina!



National Aquatics Centre - "Watercube"



2009 Espoir Nationals back in Ontario!

The 2009 Canadian Espoir Synchronized Swimming Championships will take place June 3-7, 2009 at the Canada Games Aquatic Centre in London, ON. The Championships will be hosted jointly by Synchro Swim Ontario and the London Synchro Club.

The Eastern Divisional Championships will also be back in Ontario for 2009. The Championships will take place March 11-15, 2009 at the Etobicoke Olympium and be hosted by the Olympium Synchro Club.

Here is the remaining line-up of 2008-09 competitions in Ontario (all dates tentative):

Lisa Alexander Meet: Dec 6-7 at McMaster hosted by Burlington Synchro

Provincial Trials: January 23-25 at Olympium hosted by Olympium Synchro

Provincial Championships: TBA

Central/North Regionals: February 20-22 at UTM hosted by Mississauga Synchro

East Regionals: February 27-Mar 1 at Nepean Sportplex hosted by Nepean Synchro

West Regionals: March 6-8 at London CG Pool hosted by London Synchro

Provincial Team Trials: TBA

Tier Championships: May 21-24 at Nepean Sportsplex hosted by Gloucester Synchro

12&U Championships: June 13-14 at Magna Centre hosted by York Synchro

*2009 Canadian Open is TBA.

UPCOMING EVENTS

August-September 2008

2008 Olympic Games

August 8-24, 2008
Beijing, China

Learning Facilitator Course

August 22-24, 2008
Sport Alliance Building, Rm 3A
Toronto, ON

Trillium Instructor 1 Course

August 23, 2008
Alder St. Pool, Orangeville

UANA Pan American Age Group Championships

August 27-31, 2008
Calgary, Alberta
13-15 National Team
Chloe Brown & Emily Verbiski

Synchro Ontario Fall Meeting

Saturday, September 6, 2008
Sport Alliance Building
Toronto, ON

2008 Technical Courses (tent)

Judging Courses
September 20-21, 2008
Don Mills Collegiate
Toronto, ON

Coaching Courses
September 27-28, 2008
Don Mills Collegiate
Toronto, ON

*Registrations forms and confirmed
dates will be posted soon.*

Check www.SynchroOntario.com.

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generous support of our sponsors & suppliers**



2008-2009 Recreational Competitions

Synchro Ontario Recreational Figure Meet

Saturday, November 22, 2008

Alder St. Pool, Orangeville

Recreational Youth/AWD/Masters Figure Events

Synchro Ontario Recreational Figure Meet

Saturday, March 7, 2009

Jack Burger Sports Complex, Port Hope

Recreational Youth/AWD/Masters Figure Events

Synchro Ontario Recreational Figure Meet

Saturday, May 2, 2009

Alder St. Pool, Orangeville

Recreational Youth/AWD/Masters Routine Events

Meet Packages will be mailed and emailed out to clubs and rec program, and posted on the Synchro Ontario website: www.SynchroOntario.com



PRESIDENT and REGISTRAR MEETING

September 6, 2008

9:00am-4:00pm (approx.)

Sport Alliance Building - 1A/1B

Please note that the September President/Registrar Day will be on **Saturday September 6** and will run from approximately 9-4. Lunch is included. Morning sessions are for Club President and Registrar (or delegates). One coach per club is also welcome. Afternoon session is suitable for President and Registrar. A separate coaches lunch and meeting may occur in the afternoon (contact Janet at jherman@synchroontario.com for more information).

RSVP by SEPTEMBER 1st to: lmakins@synchroontario.com

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