



Synchro Ontario members recognized at Synchro Canada AGM

Synchro Swim Ontario members were recognized October 24-26 at the Synchro Canada AGM in Ottawa.

Many committed volunteers and clubs were recognized for their dedication and support of Canadian synchronized swimming and five Ontario members and clubs were awarded for their contributions.

Official Lynda Furniss was awarded the 2008 Bridge Builder Award which is a special recognition award presented annually by the Board of Directors. A Bridge Builder has many tasks and their dedication helps ensure a bright and prosperous future for our sport. The Bridge Builder is

a person who works today in order that those who follow tomorrow will have a strong base to ensure the strength and success of Canadian synchronized swimming. This person demonstrates vision and flexibility for the future, as well as respect for Synchro Canada's rich past, and as a 'Bridge Builder' paves the road to tomorrow with their high regard for hard work, encouragement and achievement.

National Team Physician Dr. Margo Mountjoy of Ontario was awarded the Silver Pin which is presented to volunteers who have given 10 or more years of outstanding contribution to our sport.

Official, Coach and Synchro Canada Committee member Jennifer Saunders was the recipient of the Certificate of Merit. The Certificate of Merit Award is presented to volunteers who have contributed significantly for 3 or more years of volunteer service to Synchro Canada.

The Most Successful Club (Category of 1-200 members) was presented to Granite Club Synchro. The 2nd Most Successful Club (Category of 1-200 members) was awarded to Durham Synchro.

Congratulations to all award recipients!

News Headlines from Synchro Ontario!

- 2008 Judges Conference - Saturday, November 15th
- 1st competition of the season! 5th Annual Recreational Figure Meet November 22 in Orangeville!
- 1st competitive event of the season! Lisa Alexander Figure Meet December 6-7 at McMaster! New for 2008 - LTAD events for all 15&U's!!!
- Burning Bright for Breast Cancer - Club tallies due by Friday, November 14. Burning Bright Cheque Presentation and Club and Athlete Awards will be made Saturday, December 6 at the Lisa Alexander Meet.
- 2008 Holiday Synchro Swim Ornaments now available for sale! See page 4 for details & order form.
- NCCP 2 Course in Ottawa—Nov 22-23 please see www.SynchroOntario.com for details.



Club tallies are due into Synchro Ontario by Friday, November 14th

Let's surpass a 5-year total of \$150,000!!!

Club photo contest entries are also due by November 14 for judging by the CBCF staff!

2008-2009 Recreational Competitions

Synchro Ontario Recreational Figure Meet

Saturday, November 22, 2008

Alder St. Pool, Orangeville

Recreational Youth/AWD/Masters Figure Events

Synchro Ontario Recreational Figure Meet

*Saturday, February 28, 2009 *New Date & Location**

Civic Centre - Centennial Pool, Oshawa

Recreational Youth/AWD/Masters Figure Events

Synchro Ontario Recreational Figure Meet

Saturday, May 2, 2009

Alder St. Pool, Orangeville

Recreational Youth/AWD/Masters Routine Events

Meet Packages will be mailed and emailed out to clubs and rec programs, and posted on the Synchro Ontario website:

www.SynchroOntario.com

Synchro Swim Ontario gratefully acknowledges the generous support of our sponsors & suppliers



UPCOMING EVENTS

2008-2009

Ontario Officials Conference

Saturday, November 15, 2008
Sandalwood Suites Hotel

Recreational Figures Meet

November 22, 2008
Alder St. Pool, Orangeville
Hosted by: Synchro Ontario

Lisa Alexander Meet

December 6-7, 2008
McMaster University
Hosted by: Burlington Synchro

Provincial Trials

January 23-25, 2009
Etobicoke Olympium
Hosted by: Olympium Synchro

Provincial Championships

February 13-15, 2009
Etobicoke Olympium
Hosted by: Waterloo Synchro

Central/North Regional Championships

February 20-22, 2009
U of T - Mississauga Pool
Hosted by: Mississauga Synchro

Recreational Figures Meet

February 28, 2009
Oshawa Civic Centre Pool
Hosted by: Synchro Ontario

East Regional Championships

March 6-8, 2009
Nepean Sportsplex
Hosted by: Nepean Synchro

West Regional Championships

March 6-8, 2009
Canada Games Aquatic Centre
Hosted by: London Synchro



Sandalwood Suites Hotel Toronto Airport re-signs as Synchro Swim Ontario sponsor for 2008-09 Season!

Synchro Swim Ontario is pleased to announce the continuation of the sponsorship of Sandalwood Suites Hotel Toronto Airport for the 2008-09 Season. Sandalwood is a long-standing sponsor and their continued support of synchronized swimming in Ontario is greatly appreciated by Synchro Ontario and the entire membership.

Sandalwood Suites will be the official hotel for:

2009 Provincial Trials
January 23-25, 2009

2009 Provincial Championships
February 13-15, 2009

2009 Central/North Regional Championships
February 20-22, 2009

2009 Eastern/Atlantic Divisionals
March 11-15, 2009

To book please contact:

Sandalwood Suites Hotel Toronto Airport
5050 Orbitor Drive, Mississauga, ON L4W 4X2
Tel: 905.238.9600 | Fax: 905.238.8502
www.sandalwoodhotel.com

\$120/night - 2 beds/max 4 per room
\$109/night - 1 bed/max 2 per room



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Thank you to Excel for their support of Synchro Ontario!

2008 HOLIDAY SYNCHRO ORNAMENTS

Custom pewter noseclips:



Mirrored Ornament:



Sample above shows actual colouring/shape - will have synchro design as shown on left.

Synchro Swim Ontario is excited to announce **TWO** exclusive 2008 Holiday Synchro Ornaments!

New & exclusively only sold by Synchro Swim Ontario custom designed pewter nose clips! (1" dimension - full 3D nose clips). Exactly like you wear at the pool, except for your Christmas tree OR attach as a charm to a keychain, or bag. A perfect gift for swimmers, coaches, officials, volunteers, or anyone who loves synchro! Comes individually packaged with a red string. Add a Synchro Swim Ontario carabiner keychain for only \$5.00.

2008 limited edition mirrored hexagon shaped ornament (3 1/2") etched with "Synchro Swim" design, accented with a silver ribbon and individually boxed. Ideal for your Christmas tree, and perfect year-round as a sun-catcher. Another great gift idea, and ideal for stocking stuffers or secret Santa gifts!

Don't delay - limited number of ornaments available! Ornaments are on the way and orders will be taken until we are sold out! Orders may be picked up at the Synchro Ontario office or shipped to you (minimum shipping & handling fee is \$6.00).

ONLY \$25.00 (tax incl.) for both ornaments!

Please note we require **payment** to secure your order (cheque or credit card).
Shipped orders **MUST** be paid by credit card so that the shipping fee can be added.

Name: _____ Club (if applicable): _____ E-mail: _____

Address: _____ Phone: _____

Pewter Nose Clips _____ X \$10.00 = \$ _____
 Carabiner Keychain _____ X \$5.00 = \$ _____ Colour(s)*: _____
 Mirrored Ornament _____ X \$15.00 = \$ _____

*Keychain available in Pink, Green, Purple, Black, Orange, Turquoise or Royal Blue

Please note: **NO REFUNDS** TOTAL = \$ _____

Cheque enclosed or Credit Card : Visa MasterCard

Name on Card: _____

Card Number: _____ Expiry: _____

Signature: _____

Delivery Information:

- Will pick-up ornament(s) at Synchro Ontario Office
- Please ship to me (shipping charges are extra and will be added to bill - min \$6 charge)

Fax, Mail or E-mail your Order Form to:

Synchro Swim Ontario 208 Hillyard St., Unit 227, Hamilton, ON L8L 6B6
 Fax: 905.572.7700 or E-mail: kheald@synchroontario.com