



Synchro Spirit and Burning Bright highlight October

October was highlighted by special events including Synchro Spirit and the Bring in an Expert seminar with guest coach Mayu Fujiki. Mayu a 1996 Olympic bronze medalist, who is currently the Assistant Coach with Spain's national team, shared knowledge and skills with coaches, participating athletes and the 12 & under Provincial team athletes over the October 19-21 weekend.

Synchro Spirit was also highlighted by the Investors Group Volunteer Sport Administrator Award which was presented this year to John Mouck. John has been an outstanding volunteer and Provincial scorer who has donated hours and hours of time to the sport.

Burning Bright for Breast Cancer events also began in October across clubs in the province. Burning Bright received great nation-wide press as the Ontario chapter of the Canadian Breast Cancer Foundation highlighted Synchro Ontario's efforts in their CBCF ad in the Globe and Mail on October 18th.



Ontario officials recognized by Synchro Canada with volunteer awards

Synchro Canada held its AGM October 18-21, and during the weekend Synchro Canada presented its annual Volunteer Awards. We are thrilled to announce Ontario's Certificate of Merit recipients are:

- Carolyn Macgregor*
- Suzanne Laroche*
- Lynn Hammond*
- Jeff Poss*
- Karen Seymour*
- Michele Lopers*
- Leanne McDonnell*



2007 Synchro Swim Ontario Leadership Conference
Visions of Excellence

November 17-28, 2007
Kempfenfelt Conference Centre

Thank you to all who registered! We look forward to seeing you on the 17th for a great weekend!

UANA Pan American Age Group Synchronized Swimming Championships

Calgary, Alberta, Canada
August 27 - 31, 2008



Age Groups: 11 - 12, 13 - 15 and 16 - 18

Events: Solo, Duet, and Team

Eligibility: This event is open to both national and club teams.

An athlete, coach and official clinic will be held on August 31.

More information will follow regarding accommodation, schedule and clinic. Pre-payment of accommodations will be required by April 15, 2008.

Your intent to compete in this event must be done by January 15, 2008.

Intent is to be e-mailed to Chris Hampshire at hampshire.christine@gmail.com or faxed to 403-287-0248.

SYNCHRO ALBERTA OFFICE
11759 Great Road Edmonton, Alberta T5M 3K6
Phone: (780) 415-1789 Fax: (780) 415-0056



Synchro Swim Ontario gratefully acknowledges the generous support of our sponsors & suppliers



UPCOMING EVENTS 2007-2008

Leadership Conference

November 17-18, 2007
Kempfenfelt Centre, Barrie

Recreational Figure Meet

November 24, 2007
Alder St. Pool, Orangeville

NCCP Level 1 Tech Course

November 24-25, 2007
Centennial Pool, Burlington

Lisa Alexander Meet

December 9, 2007
Canada Games Aquatic Centre
London, ON
Hosted by: London Synchro

OWG Trials - East

January 13, 2008
Oshawa Civic Pool
Oshawa, ON
Hosted by: Durham Synchro

Provincial Trials

January 26-27, 2008
Etobicoke Olympium
Toronto, ON
Hosted by: Olympium Synchro

Central/North Regionals and OWG Trials C/N/W

February -10, 2008
Newmarket Pool
Newmarket, ON
Hosted by: York Synchro

Provincial Championships

February 15-17, 2008
Victor Davis Pool, Guelph
Hosted by: Variety Village Synchro

Ontario Officials Report: Congratulations on recent promotions

The past year has seen promotions for Officials from Ontario and it is time to celebrate these developments.

Congratulations to Ontario's Diane van der Pol who was promoted to a FINA A judge in September 2006. She is very excited about this and the opportunities that it will provide. "All of the competitions I have attended have been amazing whether attending as an official or as Head of Delegation or fulfilling both duties. To see synchronized swimming and its growth throughout the world is exciting. The lifelong friends I have made both in Canada and internationally is special", commented Diane.

Diane has extensive judging experience including the 2002 Commonwealth Games, US Open, Swiss open, Loana Cup (Italy), German Open, Rome Open, Comen Cup, and many more! Diane has also practiced judged, volunteered and served as head of delegation at the FINA World Championships (2005), FINA World Cup (2002) and FINA Jr. World Championships (2002). Congratulations Diane, and we look forward to hearing about your experiences as a FINA A official!

Congratulations are also extended to Jan McLaughlin who was promoted to FINA G status. Chloe Greenhalgh who began officiating in Ontario in 2006, is listed as an ASUA G level official.

There have also been promotions for Level 3 Officials who have been invited to write the Level 4 exam and practice judge for

Level 4. Congratulations to Lynn Hammond, Michele Lopers, Suzanne Laroche and Karen Seymour (Referee & Judge).

Current Level 5 Officials from Ontario are Lynda Furniss, Janice McLaughlin, Leslie Taylor and Diane van der Pol. Lynda Furniss and Leslie Taylor are former FINA A officials who judged at the 1996 Olympic Games (Lynda) and the 2000 Olympics (Leslie).

Ontario's Level 4 Officials are Chloe Greenhalgh, Nancy Fisher, Carolyn Macgregor, Pat McCann, Jeff Poss, Joan Russell, and Chris Gauthier.

Level 3 Officials are Lesley Ahara, Lynn Hammond, Suzanne Laroche, Michele Lopers, Leanne McDonnell, Karen Seymour, and Suzanne Laroche

Complete lists of national and international level officials are posted on the Synchro Canada website www.synchro.ca in the Officials area.

Thank you to all officials for your continued hard work for synchronized swimming in Ontario!

Congratulations are also extended from Ontario to Heather Archer (Kamloops, BC) who was recently appointed by FINA to represent Canada as their Synchro judge at the 2008 Olympic games in Beijing.



New for 2007! *Pink Pool Party Picture Contest*

Participating clubs are asked to send in their best Burning Bright event photo via email or mail with their completed donation package by **November 15, 2007** to Kara Heald (kheald@osrc.com).

The photos will then be forwarded to the Canadian Breast Cancer Foundation – Ontario Chapter where the staff will review and select the winning photo! The winning club will receive exclusive pink ribbon photo albums for each participating athlete, in addition to recognition on the Synchro Ontario website, newsletter and included with the Burning Bright 2007 results press release.



In
Synch
for
Pink
bdtcreative

CANADIAN BREAST CANCER FOUNDATION
FONDATION CANADIENNE DU CANCER DU SEIN

Synchro Swim ONTARIO

Our Calendar is almost here!
Order information is coming soon.
We are designing the 12 month calendar now.

Are you in one of the winning photos?
We want to hear from you!
Email us at info@bdtcreative.com to let us know what photo.

Proceeds will support Synchro Ontario and the CBCF of Ontario.



CLUB NEWS!



The Club News page is a new monthly feature in News Splash! Email your club announcements (new coaches on staff and special event dates) to newsplash@osrc.com for inclusion in the monthly newsletter! Submissions are due by the last day of the month for inclusion in the next month's issue.

UPCOMING CLUB INVITATIONALS

The following club invitational (tentative) dates have been communicated to Synchro Ontario . . .

Markham Synchro is tentatively planning a competition at the end of November for swimmers new to competitive to prepare for the Lisa Alexander meet. More information to come.

Waterloo Synchro is planning their mammoth annual Waterloo Invitational competition for Tier 1-5 routines (team, duet and combo). The meet is scheduled for Sunday, January 20, 2008. Stay posted for more information: www.waterloosynchro.on.ca.

Burlington Synchro is planning their Rec Extravaganza for April 5, 2008.

Kingston Synchro is planning a competitive routine meet for April 5, 2008 (Tier 1-5 routines).

Variety Village Synchro is planning their annual Spring Invitational for Sunday, May 4, 2008.

The host clubs will be distributing meet packages to all clubs. Please contact the clubs above if you are interested in more details regarding these competitions.



Coaching Opportunity in Aruba

Aruba is looking for additional coaches.

Anyone interested should contact Kelly McDonnell at: kmedonnell@hotmail.com

Don't miss the 4th annual recreational figure meet in Orangeville!

Saturday, November 24, 2007

Alder St. Pool, Orangeville

Registrations are due Friday, November 9th

For more information contact Kara Heald:

Email: kheald@osrc.com

Phone: 416-426-7407

2007 HOLIDAY SYNCHRO ORNAMENT



Synchro Swim Ontario is excited to announce the 2007 Holiday Synchro Ornament for only **\$15.00** (tax included).

2007 limited edition mirrored diamond shaped ornament (2 3/4 w x 4" h) etched with "Synchro Swim" design, accented with a silver ribbon and individually boxed. Ideal for your Christmas tree, and perfect year-round as a sun-catcher. A perfect gift for swimmers, coaches, officials and volunteers, and a great idea for stocking stuffers or secret Santa gifts!

Don't delay - Only 100 ornaments available for 2007!

Ornaments are on the way and orders will be taken until we are sold out! Orders may be picked up at the Synchro Ontario office or shipped to you (minimum shipping & handling fee is \$6.00).



SAMPLE

2006 Ornaments are still available (limited quantity) if you did not pick up your 2006 edition last year. Catch up and collect both ornaments this year! Last year featured the "Synchro Star" design (no year on ornament so it is not dated) etched on a brushed chrome snowflake with red bead accent.



Special price for 2007 is only \$8.00 when you purchase the 2007 ornament. Only \$23.00 for 2 exclusive synchro ornaments!!!

Please note we require **payment** to secure your order (cheque or credit card). Shipped orders **MUST** be paid by credit card so that the shipping fee can be added.

Name: _____ Club (if applicable): _____ E-mail: _____

Address: _____ Phone: _____

2007 Ornament(s) _____ X \$15.00 = \$ _____

2006 Ornament(s) _____ X \$ 8.00 = \$ _____

Please note: **NO REFUNDS** **TOTAL:** _____

Cheque enclosed or Credit Card : Visa MasterCard

Name on Card: _____

Card Number: _____ Expiry: _____

Signature: _____

Delivery Information:

- Will pick-up ornament(s) at Synchro Ontario Office
- Please ship to me (shipping charges are extra and will be added to bill - min \$6 charge)

Fax, Mail or E-mail your Order Form to:

Synchro Swim Ontario 1185 Eglinton Ave. E., #303, Toronto, ON M3C 3C6
 Fax: 416-426-7376 or E-mail: kheald@osrc.com