



A golden Eastern Divisionals for Ontario teams

It was a golden weekend for Ontario teams and athletes during the 2007 Eastern Divisional Championships March 28-April 1 in Toronto.

It was an Ontario sweep of Tier 6 Team competition with Olympium Synchro capturing gold in the Tier 6 15 & under team competition, York Synchro winning the Tier 6 16 & over championship, and Waterloo Synchro placing 1st in the Select Team event. Other golden finishes included Waterloo's Jillian Boa and Emily Verbiski winning Tier 6 16 & Over Duet and BSSC's Evelina Wolejszo winning Tier 6 16&O figures.

Ontario made their presence felt with numerous podium finishes across Tier 6 and 7 competitions. "On behalf of all of Ontario, I want to congratulate the athletes and coaches for their outstanding results and hope that you achieved club, team and personal goals at Divisionals. Additionally, I want to acknowledge those who achieved podium success and wish you the best as you compete at National events still to come!", said Synchro Ontario Executive Director Leslie Makins.

In Junior figures Jennifer Knobbs (OSSC) placed 5th, In Tier 6 15&U figures Lara Tutton (OSSC) placed 2nd, Rachel Kowalski (OSSC) followed in 3rd and Jessica Henry (Durham) placed 6th. In Tier 6 16&O Figures Jillian Boa (WRSC) placed 3rd, Ali Davies (York) ranked 4th with teammate Erin Noll following in 5th.

In Solo competition Jennifer Knobbs (OSSC) placed 1st in routine, and 2nd in Championship in Junior Solo, Rachel Kowalski (OSSC) won silver in 15&U solo, and Ellyn Klea (WRSC) placed 4th, Erin Noll (WRSC) placed 5th and Evelina Wolejszo (BSSC) finished 6th in 16&O solo. In Senior Solo Nikki Neufeld (OSSC) placed 4th.

In Duet competition Rachel Kowalski and Rebecca Maule (OSSC) won bronze and Sarah Graham and Lara Tutton (OSSC) placed 5th in 15&U duet. In T6 16&O competition Emily Doran and Vanessa Smith (London) placed 4th, Ali Davies and Erin Milner (York) ranked 5th and Robin Lynch and Evelina Wolejszo (BSSC) finished 6th. In Junior duet competition Katie Lepage and Chelsey Matthews (Durham) placed 5th.

In Team competition OSSC (EP) placed 6th in 15&U, and in 16&O London placed 2nd, Burlington 3rd and Mississauga 6th. In Junior Team Olympium won bronze, and Durham Synchro placed 5th. In Select Team competition Gloucester won bronze, and finally in Combo Team Waterloo placed 5th and York 6th in Tier 6/7 Combo, and Olympium placed 4th in Jr/Sr Combo.

Many thanks to all of the officials and to the volunteers who made the 2007 Eastern Divisionals a great success. "Synchro Ontario wishes to thank Olympium Synchro, under the direction of meet manager Valerie Lukezic, for hosting such a well-run competition', commented Leslie Makins. On behalf on the entire province thank you to all who volunteered at Divisionals, your continued support of synchro in Ontario and Canada is appreciated! Congratulations to all on a FANTASTIC Divisionals!

Complete results are available on the Synchro Ontario (www.SynchrOntario.com) and Synchro Canada (www.synchro.ca) websites.



Tier 6 16 & Over Champions - York Synchro



Tier 6 15 & Under Champions - Olympium Synchro



**Don't miss the 3rd Annual Trillium
Recreational Routine Competition !**

Saturday, April 28 - Alder St. Pool, Orangeville

Meet package posted at www.SynchroOntario.com

ENTRIES DUE: FRIDAY, APRIL 13th!

Contact: recsynchromeets@osrc.com

UPCOMING EVENTS

April 2007-June 2007

**2007 East Regional
Championships**

April 14-15, 2007
Nepean Sportsplex
Hosted by: Nepean Synchro

**2007 West Regional
Championships**

April 21-22, 2007
Wayne Gretzky Centre, Brantford
Hosted by: Brant Synchro

2007 Ontario-Quebec Cup

April 27-29, 2007
Chicoutimi, Quebec

**Synchro Ontario Trillium
Recreational Routine Competition**

Saturday, April 28, 2007
Alder St. Pool, Orangeville

Canadian Open Championships

May 2-6, 2007
Saanich Commonwealth Pool
Victoria, BC

Canadian Espoir Championships

May 23-27, 2007
Canada Games Aquatic Centre
Saint John, NB

Ontario Tier Championships

May 31 - June 3, 2007
Nepeans Sportsplex
Nepean, ON
Hosted by: Gloucester Synchro

Trillium 12&U Championships

June 16, 2007
Canada Games Aquatic Centre
London, ON
Hosted by: London Synchro

Synchro Ontario Important Meeting Dates:

President's Forum, AGM and Coach Workshop

Saturday, June 23, 2007
Sport Alliance of Ontario, Toronto ON
More information to follow

Fall Meeting & Coach Workshop

Saturday, September 22, 2007
Sport Alliance of Ontario, Toronto ON
More information to follow

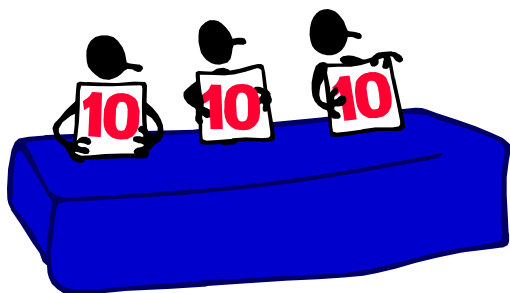
Stay tuned to www.SynchroOntario.com for more information on these events.

Synchro Swim Ontario gratefully acknowledges the generous support of our sponsors & suppliers



2006 Marg McBurney Officials Development Award Recipient

Synchro Swim Ontario is thrilled to announce that Barb Tooth is the recipient of the 2007 Marg McBurney Official's Development Award. She is currently a level 2 judge, but consistently demonstrates potential for advancement and commitment to officiating. She was recommended to, and has since written, her Level 3 judging exam and this award financially supported her to practice judge at the 2007 Eastern/Atlantic Divisional Championship. Once practice judging is completed, she will be fully certified and able to judge at national events, such as Divisionals and Espoir Nationals. **Congratulations Barb!**



CANADIAN OPEN CHAMPIONSHIPS 2007
CHAMPIONNATS CANADIEN OUVERT 2007
VICTORIA, BRITISH COLUMBIA

Good luck to all athletes and coaches as you prepare for the Canadian Open Championships and National Team Trials May 2-8 in Victoria, BC!



2007 Synchro Ontario Awards

Nominations are now being accepted for Athlete, Coach & Volunteer of the Year Awards. Nominations are due on Monday May 7, 2007. All awards will be presented at the Tier Championships Athlete Banquet. Nomination forms are available to download on the Synchro Ontario website.

Previous recipients of these awards include:

Athlete of the Year

2006 Nicole Ashworth, Markham Synchro
2005 Elizabeth Metzler, Burlington Synchro

Coach of the Year

2006 Vanessa Hider, Brant Synchro
2005 Gayle Wimmer, Markham Synchro

Volunteer of the Year

2006 Ted Smith, Pres., London Synchro
AND Nora Powers, Pres., Guelph Synchro
2005 Janet Baines, President, Burlington Synchro

**CALLING ALL COACHES:
FINAL WEEK FOR APPLICATIONS!**

2007 All Ages Summer Camps

Coach applications are now being accepted for the Synchro Ontario **All Ages Summer Camps** in July (Tiers 1-6). Coaches must be at least full NCCP Level 1 to work at these camps.

Application due date is Friday, April 13th.

Please forward your resume and cover letter to allagescamps@osrc.com, and state which weekends you are available.

Please forward any inquiries about these camps to: allagescamps@osrc.com.

APPLY NOW!

3rd Annual Tier Championships Athlete Banquet

Athletes, Coaches, Parents, and
Officials
Come and Celebrate!!

Thursday May 31st
St. Elias Banquet Hall
2975 Riverside Drive, Ottawa

Doors open at 6:00PM, Dinner at 6:30PM
3 course meal, Entertainment, Games,
Awards and FUN!

Tickets \$25.00

Name : _____

Address : _____

Phone Number : _____ E-mail: _____

Number of Tickets Ordered _____ x \$25.00 = _____

Important Notes :

- * Banquet Tickets will be mailed to the contact indicated on this page.
- * Tickets must be shown at the door for entry.
- * All tickets are NON REFUNDABLE.
- * Ticket orders are due by Monday May 14, 2007.
- * Cheques should be made payable to "Gloucester Synchro Club".

Mail or E-Mail order forms to:

Gloucester Synchro Club,
3124 Apple Hill Drive, Ottawa, ON, K1T 3Z1
e-mail : gssheadcoach@sympatico.ca

2007 SUMMER HIGH PERFORMANCE CAMPS!

- Selection to all camps will be based on results from 2007 Tier Championships Figures results, except Tier 6-7
- 12 & Under Talent I.D Camp: Please see note regarding Tier 2 figures at Tier Championships
- Tier 6 and 7 selection will be determined by 40% Provincials + 30% Divisionals + 30% Nationals figure scores
*If an athlete competes in only 2 events they will be weighted 50% + 50%, if athlete competes in only one event it will be weighted 100%, athletes must compete in at least one meet to be eligible
- Athletes must be planning to compete in 2007-08 if they wish to attend the Tier 6-7 High Performance Camp
- In the event that an athlete is unable to attend a camp, additional athletes may be invited
- Exclusive Camp T-Shirts available to pre-order for camp registrants
- Please note Tier camps grouped together will be occurring the same weekend at one facility, but athletes will be working within their own Tier group focusing on skills to prepare them for the next Tier level

12 & UNDER TALENT I.D. CAMP High Performance Camp

Top 40 Tier 2 figure swimmers from Tier Championships

(register as an exhibition swimmer at Tier Championships if you are a 12 & Under NOT currently in Tier 2)

Date: T.B.A.

Location: T.B.A.

Tier 1 & Tier 2 All Ages Camp

**Top 30 Tier 1 Athletes
Top 30 Tier 2 Athletes**

July 14-15, 2007 (tentative)

Location T.B.A. (in GTA)

Tier 3 & Tier 4 All Ages Camp

**Top 30 Tier 3 Athletes
Top 30 Tier 4 Athletes**

July 21-22, 2007 (tentative)

Location T.B.A. (in GTA)

Tier 5 & Tier 6 All Ages Camp

**Top 30 Tier 5 Athletes
Top 30 Tier 6 Athletes**

July 28-29, 2007 (tentative)

Location T.B.A. (in GTA)

Tier 6-7 High Performance Camp

**Top 12 Tier 6 - 15 & Under Athletes*
(staying 15&U in 07-08)**

**Top 12 Tier 6 - 15 & Under Athletes*
(moving up to Junior in 07-08)**

**Top 12 Tier 7 Junior Athletes*
(staying Junior in 07-08)**

*40% Provincial Figures + 30% Divisionals
Figures + 30% Nationals Figures

September 15-16, 2007

Etobicoke Olympium Pool

The 2007 Camps will have a new format!

**Keep watching
www.synchroontario.com for updated information!**

**Athletes, Parents & Coaches find up to date summer camp information posted on:
www.SynchroOntario.com**

Don't miss an amazing High Performance weekend at Synchro Ontario's 2007 HP Camps!