

Ontario hosts the 2004 Canadian National Synchronized Swimming Championships from May 3-8 in Toronto!

Synchro swim athletes from coast to coast will meet in Toronto from May 3-8 at the Etobicoke Olympium to vie for national titles in solo, duet, team and compulsory figure competition.

Over 400 athletes will participate at the National Championships in their respective level; Tier 6 15 & Under/ Open, Tier 7 Junior and Tier 7 Senior.

In addition to competing throughout the week athletes will also have the opportunity to celebrate their achievements at the opening ceremonies and athlete celebration being held Tuesday, May 4th at Medieval Times at Exhibition Place.

Athletes and spectators attending Synchro Nationals will also be treated to

performances by the 2004 Canadian Olympic Synchronized Swimming Team who will be participating at Nationals as they continue to prepare for the Olympic Games in Athens.

Competition at Synchro Nationals kicks-off on Monday, May 3 with 15&Under/Open Solo prelims and winds up on Saturday, May 8 with various final events as well as the gala watershow, which will showcase the gold medallists from each event as well at the Olympic team routines.

Detailed schedules & information regarding Synchro Nationals 2004 can be found at the Synchro Ontario Nationals 2004 website:

synchroontario.com/nationals_main.htm

Thank you to the supporters of Synchro Nationals 2004

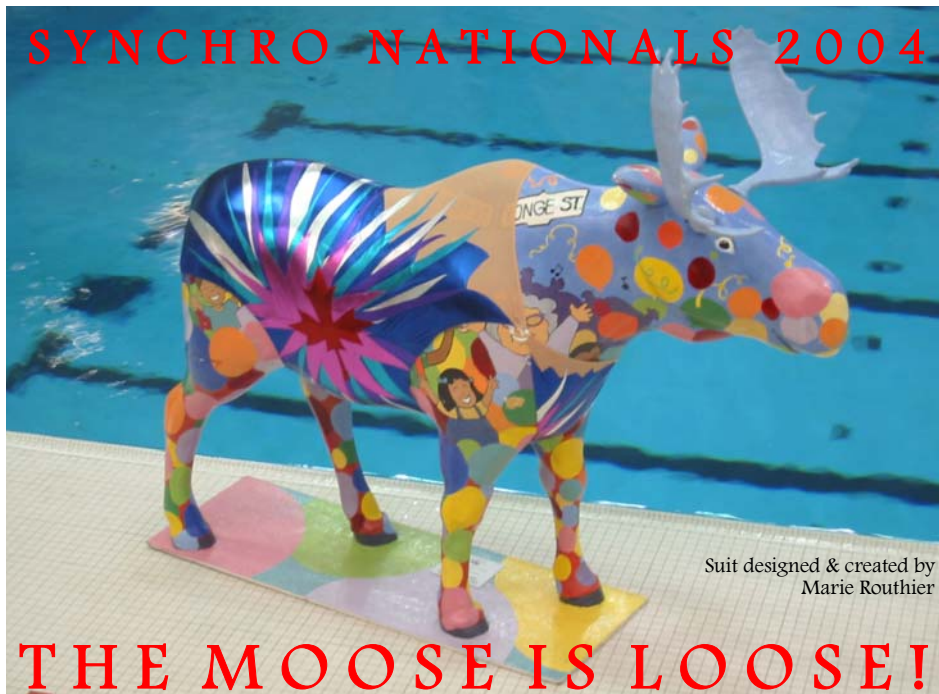


Synchro Ontario Launches New Logo!



Synchro Swim Ontario proudly introduced its new logo on April 28th and is beginning the integration of the new logo in all new marketing communications and promotional materials and products. The new logo designed by Me on a "T" of Burlington, ON, incorporates three stylized synchro swimmers within Ontario's official flower, the trillium. Beginning in June News Splash! will have a new look and over the next few months the Synchro Ontario website will be updated.

SYNCHRO NATIONALS 2004



Suit designed & created by
Marie Routhier

THE MOOSE IS LOOSE!



TIER CHAMPIONSHIPS

May 27-30, 2004 ~ Nepean Sportsplex

Hosted by: Gloucester Synchro

UPCOMING EVENTS 2004

2004 Synchro Nationals

May 3-8, 2004
Etobicoke Olympium Pool
Hosted by: Synchro Ontario

Ontario Tier Championships

May 27-30, 2004
Nepean Sportsplex
Hosted by: Gloucester Synchro

Synchro Ontario AGM

Saturday, June 5, 2004
Sport Alliance Building
1185 Eglinton Ave. E., Toronto

Trillium 12 & Under Provincial Championship

Saturday, June 19, 2004
Waterloo Swimplex
Hosted by: K-W Synchro

Tier 3-4 Synchro Ontario High Performance Camp

July 10-11, 2004
Victor Davis Pool - Guelph

Tier 5-6 Synchro Ontario High Performance Camp

July 24-25, 2004
Victor Davis Pool - Guelph

Tier 1-2 Synchro Ontario High Performance Camp

August 7-8, 2004
Victor Davis Pool - Guelph

2004 Olympic Games Synchro Events

August 23-27, 2004

Tier 7 Synchro Ontario High Performance Camp

August 28-29, 2004
Victor Davis Pool - Guelph



Marie Routhier
Designer of Champions



CISAA Synchro Championships

Independent school synchro teams gathered on April 15th at Centennial Pool in Oakville to compete at the 2004 CISAA Synchro Championships. Synchro teams from Branksome Hall (Toronto), Havergal College (Toronto), St. Mildred's Lightbourn (Oakville) and Trafalgar Castle (Whitby) competed in figures and team competition.

The 2004 CISAA Championships were the largest ever in

history with 7 teams competing this year.

Congratulations to all competitors and to the 2004 CISAA Champions from St. Mildred's Lightbourn School

Many thanks to event organizers Wendy Vanderhelm and Alison Scanlan, and to Synchro Ontario officials Michele Lopers, Carolyn MacGregor, Jeff Poss, and Barb Tooth.



CISAA Champions - St. Mildred's



CISAA 2nd Place - Trafalgar Castle

Official Designer of Synchro Ontario

Marie Routhier

Designer of Champions

Would like to Congratulate all athletes, and wish everyone the best of luck at this week's competition!

Marie Routhier is the Author of "Sewing for Skaters and Gymnasts and Dancers.. Oh My!", "The Skating Dress Style Book", and "The Bikini Book", a former figure skater with over 12 years experience in spandex costuming

Marie is currently booking autumn appointments for cities across Canada. Your club can meet with Marie, have your athletes professionally measured, and place your club orders from the comfort of your own city! Contact us for more details!

Club reservations for the 2004 / 2005 season are now being accepted, and booking up fast! Book your appointment soon to avoid disappointment!

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Upcoming Spring Courses:

Judging Level 1 (JTACS 1)

Saturday, May 15 & Sunday, May 16
Waterloo Regional Synchro Club Pool

To register please Contact:

Vicki Bradley

Phone: 416-426-7111

E-mail: vbradley@osrc.com

**Interested in hosting a course
at your club/facility?**

Trillium Instructor 1 or 2

Judging Level 1 or 2

Coaching (CBET/NCCP 1-3)

Scoring Course

Coach Development Workshop

Contact Synchro Ontario!

416-426-7110



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Best of luck to all the teams participating in the 2004 Canadian National Championship

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Leslie Taylor honoured by the City of Hamilton



Synchro Ontario & Synchro Canada Official Leslie Taylor was honoured by the City of Hamilton on April 7th with a Hamilton Award. Congratulations Leslie! Please enjoy the award presentation speech that was forwarded to Synchro Ontario...

It is a great honour and pleasure to introduce our next award recipient – Leslie Taylor. This woman of international acclaim in the Synchronized Swimming world, is highly respected for her integrity, leadership and positive influence. Leslie has been a National Judge in Can-

ada for 32 years, is a member of the Board of Synchro Ontario, and has been on the National Judges Committee for Synchro Canada. She has earned the designation of International FINA Official, and has acted in this capacity, officiating at World and FINA Championships throughout Europe and Asia for the past 18 years. To top off this exemplary record, she was honoured with being selected as the sole Official in this sport representing Canada, to judge Synchronized Swimming at the 2000 Olympic Games in Sydney, Australia. How honoured and grateful we are to have you here with us today.

And how you may ask, does a record such as this have anything to do with Hamilton? This ladies and gentlemen, is the most amazing part about Leslie Taylor. Leslie Taylor

was born and has lived her life in Grimsby, Ontario. She has spent countless hours, as staff, and much more often as Volunteer, devoting herself to the City of Hamilton throughout her life. In 1969, Leslie Taylor founded the Hamilton Synchronized Swim Club, and this is where it all began. For the next 12 years, as Head Coach and Administrator until 1981, Leslie at both the recreational and competitive levels, coached and promoted this amazing sport, putting us on the map, proudly making us the best in Ontario, and taking many swimmers to the top at National Level. Swimmers coached by Leslie, proudly swam for Canada internationally as Hamilton Swimmers. For a time there, under Leslie's leadership, no one could come close to beating the mighty "Hamilton Ducks".

Leslie's dedication and loyalty

to Hamilton has never wavered. She is a tireless advocate, not only for the world of Synchronized Swimming, but more importantly for the City of Hamilton. To this very day, Leslie continues to be involved. She continues to devote her time and energy to coach recreational level swimmers in Hamilton, and many will attest that no child with potential has ever missed an opportunity to swim. Her kindness, generosity, dedication and expertise are unparalleled. Spending time working with the 'grassroots' of this sport at our Local Recreational Centre, is where Leslie's heart to this day still remains, even when her prestigious International duties call. The International world of sport knows more about our City of Hamilton, because of Leslie Taylor, and we are a better place for having her here in our midst. Thank You Leslie Taylor.

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Results from the 2004 Regional Trials (West/East/Central-North)

West Regional Trials ~ April 2 - 4 ~ Victor Davis Pool, Guelph Hosted by: Guelph Synchro

Tier 1 Figures

1. K.Modesti, BRAN
2. H.L.T-Nguyen, WRSC
3. R.B-Green, KWSC
4. B.Rogerson, BRAN
5. K.Brooks, KWSC
6. C.Fraser, WRSC

Tier 2 Figures

1. E.Doran, LDSC
2. C.Cowan, LDSC
3. V.Smith, LDSC
4. W.Wang, LDSC
5. Z.Frost, LDSC
6. B.Coleman, BRAN
6. K.Lawson, BSSC

Tier 3 Figures

1. H.Bergen, OAKS
2. R.Lynch, BSSC
3. M.Mitic, BSSC
4. K.Buis, BSSC
5. S.Uhrig, WRSC
6. A.Hodgson, WRSC

Tier 4 Figures

1. S.Boyce, LDSC
2. L.Duncan, LDSC
3. M.Riem, LDSC
4. J.He, GSSC
5. K.Cook, LDSC
6. M.George, OAKS

Tier 5 Figures

1. N.Langford, KWSC
2. E.Rickert, LDSC
3. K.Reaume, KWSC
4. J.Niezen, KWSC
5. S.Strelau, WRSC
6. S.Chamorro, LDSC

Tier 6 Figures

1. T.Krueger, KWSC
2. S.Kowalski, WRSC
3. H.Baines, BSSC
4. A.Dresser, BRAN
5. N.Wilson, GSSC
6. L.Barna, BSSC

Tier 7 Figures

1. S.Hobbess, BSSC
2. K.Hammond, GSSC
3. K.Gandy, BSSC
4. K.Hanmer, KWSC

AWD Figures

1. E.Feather, GSSC

AWD Solo

1. E. Feather, GSSC

Tier 6 Solo

1. T.Krueger, KWSC
2. S.Kowalski, WRSC
3. A.Dresser, BRAN
4. S.Saunders, BSSC
5. E.Metzler, BSSC
6. K.Koscielak, BSSC
7. R. Maule, GSSC

Tier 7 Solo

1. K.Hammond, GSSC
2. K.Hanmer, KWSC

Tier 4 Duet

1. Boa/Burt, WRSC
2. George/Turner, OAKS
3. He/Millar, GSSC
4. Closs/Ferguson, BRAN
5. Culp/Peacock, HHSC
6. Peacock/Pilkington, HHSC

Tier 5 Duet

1. Langford/Reaume, KWSC
2. Kivelia/Strelau, WRSC
3. Graham/Niezen, KWSC
4. Carrigan/Tutton, BSSC
5. Moslehi/Wilson, KWSC
6. Matte/Missio, WRSC

Tier 6 Duet

1. Niemandt/Wilson, GSSC
2. Baines/Worlidge, BSSC
3. Barna/Reichert, BSSC
4. Bezeau/Kowalski, WRSC

Tier 7 Duet

1. Gandy/Hobbess, BSSC

Varied Team

1. Waterloo

Tier 1 Team

1. Brant Synchro
2. K-W SB
3. Waterloo EK
4. London
5. Brock Synchro
6. Burlington
7. Waterloo KC
8. K-W JE
9. Tillsonburg
10. Oakville

Tier 2 Team

1. London BK
2. Brant
3. London LB
4. Waterloo HM
5. Waterloo KS
6. Burlington
7. Guelph
8. Oakville
9. Tillsonburg

Tier 3 Team

1. Waterloo
2. Burlington
3. Guelph
4. London
5. Tillsonburg
6. K-W
7. Oakville

Tier 4 Team

1. London TP
2. Guelph
3. London LD

Tier 5 Team

1. K-W
2. Waterloo
3. Burlington

Tier 6 Team

1. Waterloo

Tier 4/5 Combo Team

1. London
2. Tillsonburg

Tier 6/7 Combo Team

1. Waterloo

East Regional Trials ~ April 17-18 ~ Nepean Sportsplex, Nepean Hosted by: Nepean Synchro

Tier 1 Figures

1. C.Flynn, KTSC
2. V.Nowell, NPNS
3. A.Augustine, NPNS
4. T.Knox, KTSC
5. I.Savage, GLRS
6. C.Shewen, KTSC

Tier 2 Figures

1. E.Hutton, OTSC
2. S.Diaz, OTSC
3. C.Burnard, KTSC
4. K.Boychuk, OTSC
5. C.Creelman, KTSC
5. K.Lemenchick, NPNS

Tier 3 Figures

1. S.Monkman, KTSC
2. C.Miron, OTSC
3. R.Johnston, KTSC
4. S.Geller, DHSC
4. R.Martinho, GLRS
5. S.Godding, OTSC

Tier 4 Figures

1. K.Wollny, KTSC
2. C.Bell, DHSC
3. E.Gardiner, OTSC
4. R.Prest, KING
5. L.Henderson, KTSC
6. K.O'Connor, KTSC

Tier 5 Figures

1. N.Dubois, NPNS
2. E.Lough, NPNS
3. J.Hamley, OTSC
4. A.Grimshaw, NPNS
5. E.Klepikova, NPNS
6. D.Bloom, GLRS

Tier 6 Figures

1. S.Baetz-Dougan, DHSC
2. B.MacLellan, DHSC
3. J.MacLean, DHSC
4. C.Mouck, DHSC
5. H.Potter, GLRS
6. V.Graham, GLRS

Tier 7 Figures

1. K.Cornish, DHSC
2. L.Lepage, DHSC

Tier 6 Solo

1. S.Baetz-Dougan, DHSC
2. B.MacLellan, DHSC

Tier 6 Duet

1. MacLean/Mouck, DHSC
2. Morrow/Potter, GLRS
3. Eldridge/Graham, GLRS
4. B-Dougan/Licata, DHSC
5. McLaren/Feige, KTSC

Tier 7 Duet

1. Cornish/Lepage, DHSC

Tier 4 Duet

1. Blakley/Gardiner, OTSC
2. O'Connor/Wollny, KTSC
3. Gibson/Locklin, KTSC
4. Everdell/Walker, KING
5. Walker-Byron/Young, GLRS

Tier 5 Duet

1. Grimshaw/Lough, NPNS
2. Hamley/McKenzie, OTSC
3. Dubois/Klepikova, NPNS
4. Gherson/Gherson, OTSC

Tier 4/5 Combo

1. Ottawa
2. Gloucester

Complete results for all
Regional Trials are available on
the Synchro Ontario website:

www.synchroontario.com

East Regional Trials ~ April 17-18 ~ Nepean Sportsplex, Nepean Hosted by: Nepean Synchro

Tier 1 Team

1. Gloucester HC
2. Nepean
3. Gloucester JC/AM
4. Kawartha Trent
5. Kingston

Tier 2 Team

1. Kawartha Trent
2. Nepean
3. Ottawa
4. Durham

Tier 3 Team

1. Kawartha Trent
2. Nepean
3. Gloucester
4. Ottawa
5. Durham
6. Kingston

Tier 4 Team

1. Kawartha Trent
2. Gloucester
3. Durham

Central Regional Trials ~ April 23 - 25 ~ Woodbridge Pool Hosted by: Markham Synchro

Tier 1 Figures

1. L.Lukezic, MSSA
2. M.Pulchinski, NWMK
3. M.McCoy, MSSA
4. J. Pham, MSSA
5. L.Gucciardi, NWMK
6. A.Dimmer, GRTE

Tier 2 Figures

1. P.Moore, MKSC
2. L.Snowdon, MSSA
3. R.Gordon, MSSA
4. C.Jackson, MSSA
5. N.Amato, MSSA
6. K.Tenbroek, MSSA

Tier 3 Figures

1. A.Rubiano, MSSA
2. I.Wyrzykowski, MKSC
3. C.Gammie, MSSA
4. M.Egan, MSSA
5. D.Tahamtani, MKSC
6. K.Hendley, MSSA

Tier 4 Figures

1. L.McGurn, NWMK
2. A.Davies, NWMK
3. N.Johnson, MSSA
4. L.Towsley, NWMK
5. C.Krall, MSSA
5. J.Bourrie, NWMK

Tier 5 Figures

1. K.Barclay, MKSC
2. A.Petersen, MKSC
3. E.Whitmell, MSSA
4. A.Miller, MSSA
5. B.Thomson, MSSA
6. A. Hitchcock, MSSA

Tier 6 Figures

1. D.Hoey, MKSC
2. K.Jacobs, MKSC
3. T.Bulat-Matossian, OSSC
4. C.Durand, OSSC
5. V.Lee, MKSC
6. N.Kokolakis, OSSC

Tier 7 Figures

1. B.Davidson, VVSC
2. G.Ivany, VVSC
3. A.Love, TSSC
4. M.Corbett, TSSC

AWD (C) Figures

1. S.Shugart, VVSC
2. N.Flynn, VVSC
3. K.Orpin, VVSC
4. A.Armstrong, VVSC
5. K.Woo, VVSC
6. C.Thomas, VVSC

AWD (P) Figures

1. K.Hayes, MKSC
2. L.Daly, OPTI

AWD (C) Solo

1. N. Flynn, VVSC

AWD Team

1. Variety Village

AWD (P) Solo

1. K.Hayes, MKSC
2. L.Daly, OPTI

Tier 6 Solo

1. R.Papineau, OSSC
2. T.Bulat-Matossian, OSSC
3. C.Caskey, OSSC
4. V.Lee, MKSC
5. N.Kokolakis, OSSC
6. K.Burns, VVSC

Tier 4 Duet

1. Bourrie/Towsley, NWMK
2. Davies/McGurn, NWMK
3. Mountford/Smith, MKSC
4. Murphy/Wood, GRTE
5. Evans/Richardson, GRTE
6. Kippin/Weinstein, TSSC

Tier 5 Duet

1. Barclay/Petersen, MKSC
2. Brown/Mintz, OSSC
3. Harris/Starasts, TSSC

Tier 6 Duet

1. Hoey/Jacobs, MKSC
2. B.Matossian/Durand, OSSC
3. Caskey/Kokolakis, OSSC
4. Graham/Todd, OSSC

Tier 7 Jr. Duet

1. Davidson/Ivany, VVSC
2. Corbett/Love, TSSC

Tier 7 Sr. Duet

1. Peer/Petrie, OSSC

Tier 1 Team

1. Mississauga (AG)
2. Newmarket (JD)
3. Synchro Optima
4. Mississauga (JD)
5. Markham
6. Newmarket (SL)
7. Granite
8. Olympium
9. Variety Village

Tier 2 Team

1. Mississauga
2. Granite
3. Toronto
4. Variety Village

Tier 3 Team

1. Mississauga
2. Markham

Tier 4 Team

1. Newmarket
2. Markham
3. Mississauga
4. Sudbury
5. Sault St. Marie
6. Olympium

Tier 5 Team

1. Mississauga
2. Toronto

Tier 4/5 Combo

1. Markham
2. Toronto

Tier 6/7 Combo

1. Markham

Masters Duet

1. Marcoux/McKnight TTMS

Masters Trio

1. Bevacqua/Marcoux/McKnight, TTMS

Masters Team

1. Toronto Tsunamis

North Regional Trials ~ April 23-25 ~ Woodbridge Pool Hosted by: Markham Synchro

Tier 4 Figures

1. C.Irwin, SUYS
2. M.Dutchak, SUYS
3. I.Cividino, SBSC
4. C.Mihell, SUYS
5. D.Valiquette, SUYS
6. C.Wandziak, SBSC
7. I.Porter, SUYS
8. M.Romani, SBSC
9. G.Keehn, SBSC
10. R.McLaughlin, SBSC

Tier 5 Figures

1. S.Westphal, SBSC
2. L.Wandziak, SBSC

AWD (P) Figures

1. K.Derks, SBSC

AWD (P) Solo

1. K.Derks, SBSC

Tier 4 Duet

1. Dutchak/Valiquette, SUYS
2. Irwin/Mihell, SUYS

Tier 5 Duet

1. Westphal/Wandziak, SBSC

Tier 4 Team

1. Sudbury
2. Sault Y



Congratulations to all athletes who competed at Regionals Trials!

Good Luck as you continue to prepare for the 2004 Tier Championships!