

## 2008 Lisa Alexander Meet - 13-15 CS4L/LTAD EVENT

No.	Athlete Name	Club	13 yrs Stamina				STANDARD
			400m Free				
			Min	Sec	100	Total	
1	Alina Ryssina	YORK	5	12	16	<b>312.16</b>	Silver
2	Alycia Halyk	DHSC	5	30	77	<b>330.77</b>	Bronze
3	Stephanie Bourrie	YORK	5	32	50	<b>332.50</b>	Bronze
4	Rachel Nickerson	DHSC	5	37	11	<b>337.11</b>	Bronze
5	Amanda Burrows	OSSC	5	48	23	<b>348.23</b>	Participation
6	Michelle Clarke	YORK	5	49	56	<b>349.56</b>	Participation
7	Julie Taylor	MSSA	5	50	8	<b>350.08</b>	Participation
8	Emily Rosa	BSSC	5	51	63	<b>351.63</b>	Participation
9	Erika Pappin	BSSC	5	52	54	<b>352.54</b>	Participation
10	Janelle Dawson	NPNS	5	57	59	<b>357.59</b>	Participation
11	Katie Allen	MSSA	5	58	58	<b>358.58</b>	Participation
12	Kathaleen Carpenter	OSSC	5	59	87	<b>359.87</b>	Participation
13	Mattia Fonzo	MSSA	6	2	97	<b>362.97</b>	Participation
14	Shannon Smith	NPNS	6	4	71	<b>364.71</b>	Participation
15	Paige Hunt	BSSC	6	15	9	<b>375.09</b>	Participation
16	Laura Obdeyn	BSSC	6	17	98	<b>377.98</b>	Participation
17	Leah Jackson	MSSA	6	18	15	<b>378.15</b>	Participation
18	Lindsay Dawson	DHSC	6	24	81	<b>384.81</b>	Participation
19	Katelyn Runions	NPNS	6	25	37	<b>385.37</b>	Participation
20	Heather Clarke	DHSC	6	25	64	<b>385.64</b>	Participation
21	Jessica Robillard	MSSA	6	26	40	<b>386.40</b>	Participation
22	Emma English	NPNS	6	29	62	<b>389.62</b>	Participation
23	Anastasia Mityuukhlyayeva	OSSC	6	32	22	<b>392.22</b>	Participation
24	Zoe Street	BSSC	6	33	29	<b>393.29</b>	Participation
25	Cara Duncan	BRAN	6	33	33	<b>393.33</b>	Participation
26	Julia Ehrt	DHSC	6	36	68	<b>396.68</b>	Participation
27	Anica Jany	MSSA	6	46	27	<b>406.27</b>	Participation
28	Brooklyn Kamphuis	GSSC	6	50	6	<b>410.06</b>	Participation
29	Tyerra Lowe	DHSC	6	50	67	<b>410.67</b>	Participation

Min time	Max time	Standard
0	310	Gold
311	325	Silver
326	340	Bronze
341	10000	Participation

<b>30</b>	Shannon Blaney	DHSC	6	53	69	<b>413.69</b>	Participation
<b>31</b>	Katherine Gagnon	DHSC	6	53	72	<b>413.72</b>	Participation
<b>32</b>	Alicia Renaud	GRAN	6	57	36	<b>417.36</b>	Participation
<b>33</b>	Caroline Ristow	DHSC	7	5	44	<b>425.44</b>	Participation
<b>34</b>	Nicole Paroyan	GRAN	7	5	88	<b>425.88</b>	Participation
<b>35</b>	Sara Thompson	DHSC	7	6	74	<b>426.74</b>	Participation
<b>36</b>	Amy Broad	BRAN	7	10	73	<b>430.73</b>	Participation
<b>37</b>	Becky Collings	BRAN	7	16	80	<b>436.80</b>	Participation
<b>38</b>	Emma Edwards	GSSC	7	19	96	<b>439.96</b>	Participation
<b>39</b>	Ellen Hamilton	DHSC	7	21	8	<b>441.08</b>	Participation
<b>40</b>	Emma Hanley	BRAN	7	21	38	<b>441.38</b>	Participation
<b>41</b>	Meghan Hutton	BSSC	7	25	60	<b>445.60</b>	Participation
<b>42</b>	Taylor DeSantis	GRAN	7	32	69	<b>452.69</b>	Participation
<b>43</b>	Allie Trombetta	BRAN	7	35	50	<b>455.50</b>	Participation
<b>44</b>	Katelyn Kuzmich	BRAN	7	39	50	<b>459.50</b>	Participation
<b>45</b>	Kelly Nastos	MSSA	8	4	87	<b>484.87</b>	Participation
<b>46</b>	Samantha Guerrieri	DHSC	8	27	4	<b>507.04</b>	Participation
<b>47</b>	Gabriella Proulx	NPNS	9	4	71	<b>544.71</b>	Participation
	Danielle Oliver	YORK	scratch				
	Taara Halgren	BSSC	scratch				

## 2008 Lisa Alexander Meet - 13-15 CS4L/LTAD EVENT

No.	Athlete Name	Club	14 yrs Stamina				STANDARD
			400m Free				
			Min	Sec	100	Total	
1	Samantha Nealon	OSSC	5	14	16	314.16	Silver
2	Lisa Sanders	YORK	5	29	77	329.77	Bronze
3	Jordan Field	OSSC	5	31	10	331.10	Bronze
4	Tess Kruspe	OSSC	5	32	5	332.05	Bronze
5	Shelby Harding	YORK	5	35	0	335.00	Bronze
6	Avery Patrick	BSSC	5	36	55	336.55	Participation
7	Rebecca Damiani	MSSA	5	49	51	349.51	Participation
8	Jacque Marshall	GRAN	5	50	69	350.69	Participation
9	Keely Krall	MSSA	5	52	83	352.83	Participation
10	Carly McGagherty	DHSC	5	58	13	358.13	Participation
11	Emily Preston	GSSC	6	0	53	360.53	Participation
12	Kaitlyn Scannell	GSSC	6	2	38	362.38	Participation
13	Meghan Sommerville	NPNS	6	3	49	363.49	Participation
14	Sophie Kirby	GSSC	6	4	37	364.37	Participation
15	Amanda Cannon	MSSA	6	5	68	365.68	Participation
16	Tess Bradshaw	GSSC	6	11	29	371.29	Participation
17	Francesca DiPietro	DHSC	6	12	82	372.82	Participation
18	Ashtyn Nauffts	DHSC	6	13	29	373.29	Participation
19	Meredith Webb	MSSA	6	17	55	377.55	Participation
20	Bridget Moore	NPNS	6	22	83	382.83	Participation
21	Jessica Reinprecht	MSSA	6	26	21	386.21	Participation
22	Rubee Holland	MSSA	6	26	57	386.57	Participation
23	Venessa Trajanos	DHSC	6	27	40	387.40	Participation
24	Victoria Scott	MSSA	6	28	93	388.93	Participation
25	Monique Garon	BSSC	6	30	91	390.91	Participation
26	Madeline Melkic	GSSC	6	32	5	392.05	Participation
27	Carly Byberg	DHSC	6	38	65	398.65	Participation
28	Keara Clarke	MSSA	6	45	57	405.57	Participation
29	Emily Featherstone	NPNS	6	46	92	406.92	Participation

Min time	Max time	Standard
0	305	Gold
306	320	Silver
321	335	Bronze
336	10000	Participation

<b>30</b>	Julia Thornton	DHSC	6	47	53	<b>407.53</b>	Participation
<b>31</b>	Caitlin Menczel	BSSC	6	53	61	<b>413.61</b>	Participation
<b>32</b>	Ali Herron	BRAN	6	55	72	<b>415.72</b>	Participation
<b>33</b>	Victoria Garritano	YORK	7	1	57	<b>421.57</b>	Participation
<b>34</b>	Alexandra Steinson	YORK	7	7	65	<b>427.65</b>	Participation
<b>35</b>	Alanna Settimo	YORK	7	9	35	<b>429.35</b>	Participation
<b>36</b>	Rachel Methot	NPNS	7	13	25	<b>433.25</b>	Participation
<b>37</b>	Alisha Haines	GSSC	7	29	4	<b>449.04</b>	Participation
<b>38</b>	Ellen Ritchie	DHSC	7	33	89	<b>453.89</b>	Participation
<b>39</b>	Kylie Miller	BRAN	7	34	26	<b>454.26</b>	Participation
<b>40</b>	Ellen Riopelle	YORK	7	38	77	<b>458.77</b>	Participation
<b>41</b>	Emma Crouch	NPNS	7	39	78	<b>459.78</b>	Participation
<b>42</b>	Marisa Kilgour	NPNS	7	51	44	<b>471.44</b>	Participation
<b>43</b>	Kelsey McKinley	NPNS	8	16	73	<b>496.73</b>	Participation
	Catherine Bourrie	YORK	scratch				
	Olivia Rohner	YORK	scratch				

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No.	Athlete Name	Club	15 yrs Stamina				STANDARD
			400m Free				
			Min	Sec	100	Total	
1	Hannah Koke	DHSC	5	24	63	<b>324.63</b>	Bronze
2	Carlin Jessop	YORK	5	25	17	<b>325.17</b>	Bronze
3	Jessica Henry	DHSC	5	26	69	<b>326.69</b>	Bronze
4	Emma Simpson	BSSC	5	30	37	<b>330.37</b>	Bronze
5	Caley Savage	GRAN	5	35	16	<b>335.16</b>	Participation
6	Erika Wagner	GRAN	5	38	43	<b>338.43</b>	Participation
7	Stephanie Geller	DHSC	5	39	5	<b>339.05</b>	Participation
8	Adrienne Archibald	GRAN	5	43	55	<b>343.55</b>	Participation
9	Alexandra Opydo	DHSC	5	46	43	<b>346.43</b>	Participation
10	Kathryn Shiplo	BSSC	5	46	69	<b>346.69</b>	Participation
11	Melissa McCoy	MSSA	5	46	70	<b>346.70</b>	Participation
12	Kristen Richardson	NPNS	5	48	32	<b>348.32</b>	Participation
13	Celyn Oliver	YORK	5	49	46	<b>349.46</b>	Participation
14	Allyshia Vantol	NPNS	5	49	46	<b>349.46</b>	Participation
15	Jennifer Snowdown	MSSA	5	51	28	<b>351.28</b>	Participation
16	Nicole Amato	MSSA	5	51	47	<b>351.47</b>	Participation
17	Sydney Van Bakel	BSSC	5	56	84	<b>356.84</b>	Participation
18	Brooke Manson	DHSC	6	0	13	<b>360.13</b>	Participation
19	Maggie Tinneberg	NPNS	6	9	62	<b>369.62</b>	Participation
20	Berkley Soderstrom	DHSC	6	13	15	<b>373.15</b>	Participation
21	Justine Hodgson	BSSC	6	24	73	<b>384.73</b>	Participation
22	Brooke Whitney	NPNS	6	25	87	<b>385.87</b>	Participation
23	Logan Kitchener	DHSC	6	29	39	<b>389.39</b>	Participation
24	Madison Nangle	MSSA	6	31	44	<b>391.44</b>	Participation
25	Brittany Michaud	DHSC	6	31	95	<b>391.95</b>	Participation
26	Vanessa Wolf	MSSA	6	39	7	<b>399.07</b>	Participation
27	Madeline Hofford	GSSC	6	42	23	<b>402.23</b>	Participation
28	Erin Dawson	MSSA	6	56	3	<b>416.03</b>	Participation
29	Brianna Jennings	BSSC	7	4	5	<b>424.05</b>	Participation

Min time	Max time	Standard
0	300	Gold
301	315	Silver
316	330	Bronze
331	10000	Participation

<b>30</b>	Taya Campbell	GSSC	7	7	1	<b>427.01</b>	Participation
<b>31</b>	Tahira Mascarenhas	MSSA	7	35	23	<b>455.23</b>	Participation
<b>32</b>	Brooke Stevens	DHSC	7	49	26	<b>469.26</b>	Participation
<b>33</b>	Victoria Ashcroft	NPNS	9	4	87	<b>544.87</b>	Participation
	Chelsea Evershed	MSSA	scratch				

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No.	Athlete Name	Age	Club	13 yrs Speed				STANDARD
				25m Kick				
				Min	Sec	100	Total	
1	Alycia Halyk	13	DHSC		19	6	<b>19.06</b>	Bronze
2	Rachel Nickerson	13	DHSC		19	57	<b>19.57</b>	Bronze
3	Lindsay Dawson	13	DHSC		19	72	<b>19.72</b>	Bronze
4	Erika Pappin	13	BSSC		19	80	<b>19.80</b>	Bronze
5	Alina Ryssina	13	YORK		20	28	<b>20.28</b>	Participation
6	Mattia Fonzo	13	MSSA		20	37	<b>20.37</b>	Participation
7	Katie Allen	13	MSSA		20	48	<b>20.48</b>	Participation
8	Laura Obdeyn	13	BSSC		20	59	<b>20.59</b>	Participation
9	Kathaleen Carpenter	13	OSSC		21	13	<b>21.13</b>	Participation
10	Emily Rosa	13	BSSC		21	27	<b>21.27</b>	Participation
11	Stephanie Bourrie	13	YORK		21	76	<b>21.76</b>	Participation
12	Heather Clarke	13	DHSC		21	76	<b>21.76</b>	Participation
13	Shannon Smith	13	NPNS		21	89	<b>21.89</b>	Participation
14	Anica Jany	13	MSSA		21	95	<b>21.95</b>	Participation
15	Zoe Street	13	BSSC		21	99	<b>21.99</b>	Participation
16	Julie Taylor	13	MSSA		22	12	<b>22.12</b>	Participation
17	Michelle Clarke	13	YORK		22	33	<b>22.33</b>	Participation
18	Nicole Paroyan	13	GRAN		22	70	<b>22.70</b>	Participation
19	Amanda Burrows	13	OSSC		22	76	<b>22.76</b>	Participation
20	Leah Jackson	13	MSSA		23	5	<b>23.05</b>	Participation
21	Katherine Gagnon	13	DHSC		23	13	<b>23.13</b>	Participation
22	Cara Duncan	13	BRAN		23	28	<b>23.28</b>	Participation
23	Tyerra Lowe	13	DHSC		23	50	<b>23.50</b>	Participation
24	Katelyn Runions	13	NPNS		23	63	<b>23.63</b>	Participation
25	Taylor DeSantis	13	GRAN		23	84	<b>23.84</b>	Participation
26	Kelly Nastos	13	MSSA		24	17	<b>24.17</b>	Participation
27	Jessica Robillard	13	MSSA		24	32	<b>24.32</b>	Participation
28	Paige Hunt	13	BSSC		24	47	<b>24.47</b>	Participation
29	Emma English	13	NPNS		24	57	<b>24.57</b>	Participation

Min time	Max time	Standard
0.00	16.00	Gold
16.01	18.00	Silver
18.01	20.00	Bronze
20.01	1000.00	Participation

<b>30</b>	Alicia Renaud	13	GRAN		24	77	<b>24.77</b>	Participation
<b>31</b>	Janelle Dawson	13	NPNS		24	97	<b>24.97</b>	Participation
<b>32</b>	Brooklyn Kamphuis	13	GSSC		25	19	<b>25.19</b>	Participation
<b>33</b>	Julia Ehrt	13	DHSC		25	35	<b>25.35</b>	Participation
<b>34</b>	Meghan Hutton	13	BSSC		25	38	<b>25.38</b>	Participation
<b>35</b>	Samantha Guerrieri	13	DHSC		25	39	<b>25.39</b>	Participation
<b>36</b>	Katelyn Kuzmich	13	BRAN		25	53	<b>25.53</b>	Participation
<b>37</b>	Amy Broad	13	BRAN		26	20	<b>26.20</b>	Participation
<b>38</b>	Sara Thompson	13	DHSC		26	32	<b>26.32</b>	Participation
<b>39</b>	Caroline Ristow	13	DHSC		26	42	<b>26.42</b>	Participation
<b>40</b>	Emma Hanley	13	BRAN		26	54	<b>26.54</b>	Participation
<b>41</b>	Emma Edwards	13	GSSC		26	89	<b>26.89</b>	Participation
<b>42</b>	Allie Trombetta	13	BRAN		28	4	<b>28.04</b>	Participation
<b>43</b>	Ellen Hamilton	13	DHSC		29	53	<b>29.53</b>	Participation
<b>44</b>	Gabriella Proulx	13	NPNS		29	96	<b>29.96</b>	Participation
<b>45</b>	Anastasia Mityuukhlyayeva	13	OSSC		30	26	<b>30.26</b>	Participation
<b>46</b>	Shannon Blaney	13	DHSC		30	38	<b>30.38</b>	Participation
<b>47</b>	Becky Collings	13	BRAN		31	65	<b>31.65</b>	Participation
<b>48</b>	Danielle Oliver	13	YORK	scratch				
<b>49</b>	Taara Halgren	13	BSSC	scratch				

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No.	Athlete Name	Age	Club	14 yrs Speed				STANDARD
				25m Kick				
				Min	Sec	100	Total	
1	Jordan Field	14	OSSC		19	12	19.12	Bronze
2	Samantha Nealon	14	OSSC		19	71	19.71	Bronze
3	Alanna Settimo	14	YORK		19	83	19.83	Bronze
4	Tess Kruspe	14	OSSC		20	18	20.18	Participation
5	Jacque Marshall	14	GRAN		20	23	20.23	Participation
6	Kaitlyn Scannell	14	GSSC		20	51	20.51	Participation
7	Sophie Kirby	14	GSSC		20	54	20.54	Participation
8	Lisa Sanders	14	YORK		20	56	20.56	Participation
9	Keara Clarke	14	MSSA		20	69	20.69	Participation
10	Rebecca Damiani	14	MSSA		21	25	21.25	Participation
11	Meredith Webb	14	MSSA		21	47	21.47	Participation
12	Venessa Trajanos	14	DHSC		21	53	21.53	Participation
13	Tess Bradshaw	14	GSSC		21	86	21.86	Participation
14	Jessica Reinprecht	14	MSSA		21	93	21.93	Participation
15	Keely Krall	14	MSSA		22	2	22.02	Participation
16	Julia Thornton	14	DHSC		22	26	22.26	Participation
17	Ashtyn Nauffts	14	DHSC		22	34	22.34	Participation
18	Emily Preston	14	GSSC		22	66	22.66	Participation
19	Shelby Harding	14	YORK		22	69	22.69	Participation
20	Francesca DiPietro	14	DHSC		22	79	22.79	Participation
21	Kylie Miller	14	BRAN		23	27	23.27	Participation
22	Meghan Sommerville	14	NPNS		23	57	23.57	Participation
23	Victoria Scott	14	MSSA		23	63	23.63	Participation
24	Amanda Cannon	14	MSSA		23	73	23.73	Participation
25	Carly McGagherty	14	DHSC		24	4	24.04	Participation
26	Avery Patrick	14	BSSC		24	5	24.05	Participation
27	Monique Garon	14	BSSC		24	16	24.16	Participation
28	Bridget Moore	14	NPNS		24	20	24.20	Participation
29	Rubee Holland	14	MSSA		24	57	24.57	Participation

Min time	Max time	Standard
0.00	16.00	Gold
16.01	18.00	Silver
18.01	20.00	Bronze
20.01	1000.00	Participation

<b>30</b>	Ellen Riopelle	14	YORK		24	83	<b>24.83</b>	Participation
<b>31</b>	Madeline Melkic	14	GSSC		24	95	<b>24.95</b>	Participation
<b>32</b>	Victoria Garritano	14	YORK		25	3	<b>25.03</b>	Participation
<b>33</b>	Alexandra Steinson	14	YORK		25	3	<b>25.03</b>	Participation
<b>34</b>	Rachel Methot	14	NPNS		25	29	<b>25.29</b>	Participation
<b>35</b>	Caitlin Menczel	14	BSSC		25	66	<b>25.66</b>	Participation
<b>36</b>	Emily Featherstone	14	NPNS		25	82	<b>25.82</b>	Participation
<b>37</b>	Alisha Haines	14	GSSC		26	33	<b>26.33</b>	Participation
<b>38</b>	Marisa Kilgour	14	NPNS		26	87	<b>26.87</b>	Participation
<b>39</b>	Ali Herron	14	BRAN		27	7	<b>27.07</b>	Participation
<b>40</b>	Emma Crouch	14	NPNS		28	99	<b>28.99</b>	Participation
<b>41</b>	Carly Byberg	14	DHSC		29	37	<b>29.37</b>	Participation
<b>42</b>	Ellen Ritchie	14	DHSC		32	24	<b>32.24</b>	Participation
<b>43</b>	Kelsey McKinley	14	NPNS		39	84	<b>39.84</b>	Participation
	Catherine Bourrie	14	YORK	scratch				
	Olivia Rohner	14	YORK	scratch				

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No.	Athlete Name	Age	Club	15 yrs Speed				STANDARD
				25m Kick				
				Min	Sec	100	Total	
1	Hannah Koke	15	DHSC		19	47	<b>19.47</b>	Bronze
2	Madeline Hofford	15	GSSC		19	79	<b>19.79</b>	Bronze
3	Allyshia Vantol	15	NPNS		19	87	<b>19.87</b>	Bronze
4	Melissa McCoy	15	MSSA		19	93	<b>19.93</b>	Bronze
5	Jessica Henry	15	DHSC		20	17	<b>20.17</b>	Participation
6	Carlin Jessop	15	YORK		20	79	<b>20.79</b>	Participation
7	Jennifer Snowdown	15	MSSA		21	7	<b>21.07</b>	Participation
8	Celyn Oliver	15	YORK		21	22	<b>21.22</b>	Participation
9	Justine Hodgson	15	BSSC		21	34	<b>21.34</b>	Participation
10	Brooke Whitney	15	NPNS		21	37	<b>21.37</b>	Participation
11	Caley Savage	15	GRAN		21	39	<b>21.39</b>	Participation
12	Brooke Manson	15	DHSC		21	51	<b>21.51</b>	Participation
13	Kathryn Shiplo	15	BSSC		21	52	<b>21.52</b>	Participation
14	Stephanie Geller	15	DHSC		21	55	<b>21.55</b>	Participation
15	Erika Wagner	15	GRAN		21	56	<b>21.56</b>	Participation
16	Nicole Amato	15	MSSA		21	88	<b>21.88</b>	Participation
17	Vanessa Wolf	15	MSSA		22	34	<b>22.34</b>	Participation
18	Emma Simpson	15	BSSC		22	65	<b>22.65</b>	Participation
19	Madison Nangle	15	MSSA		23	0	<b>23.00</b>	Participation
20	Maggie Tinneberg	15	NPNS		23	3	<b>23.03</b>	Participation
21	Brittany Michaud	15	DHSC		23	9	<b>23.09</b>	Participation
22	Tahira Mascarenhas	15	MSSA		23	22	<b>23.22</b>	Participation
23	Alexandra Opydo	15	DHSC		23	27	<b>23.27</b>	Participation
24	Adrienne Archibald	15	GRAN		23	27	<b>23.27</b>	Participation
25	Berkley Soderstrom	15	DHSC		23	58	<b>23.58</b>	Participation
26	Kristen Richardson	15	NPNS		23	83	<b>23.83</b>	Participation
27	Brianna Jennings	15	BSSC		24	20	<b>24.20</b>	Participation
28	Brooke Stevens	15	DHSC		24	67	<b>24.67</b>	Participation
29	Erin Dawson	15	MSSA		24	87	<b>24.87</b>	Participation

Min time	Max time	Standard
0.00	16.00	Gold
16.01	18.00	Silver
18.01	20.00	Bronze
20.01	1000.00	Participation

<b>30</b>	Logan Kitchener	15	DHSC		24	89	<b>24.89</b>	Participation
<b>31</b>	Sydney Van Bakel	15	BSSC		26	17	<b>26.17</b>	Participation
<b>32</b>	Victoria Ashcroft	15	NPNS		28	66	<b>28.66</b>	Participation
<b>33</b>	Taya Campbell	15	GSSC		29	4	<b>29.04</b>	Participation
	Chelsea Evershed	15	MSSA	scratch				

## 2008 Lisa Alexander Meet - 13-15 CS4L/LTAD EVENT

No.	Athlete Name	Age	Club	Splits
1	Alina Ryssina	13	YORK	gold
1	Kathaleen Carpenter	13	OSSC	gold
1	Caroline Ristow	13	DHSC	gold
2	Erika Pappin	13	BSSC	silver
2	Laura Obdeyn	13	BSSC	silver
2	Rachel Nickerson	13	DHSC	silver
2	Katie Allen	13	MSSA	silver
2	Mattia Fonzo	13	MSSA	silver
2	Stephanie Bourrie	13	YORK	silver
2	Julie Taylor	13	MSSA	silver
2	Emma English	13	NPNS	silver
2	Zoe Street	13	BSSC	silver
2	Heather Clarke	13	DHSC	silver
2	Jessica Robillard	13	MSSA	silver
2	Lindsay Dawson	13	DHSC	silver
2	Shannon Smith	13	NPNS	silver
3	Emma Hanley	13	BRAN	bronze
3	Emma Edwards	13	GSSC	bronze
3	Michelle Clarke	13	YORK	bronze
3	Alycia Halyk	13	DHSC	bronze
3	Katherine Gagnon	13	DHSC	bronze
3	Katelyn Kuzmich	13	BRAN	bronze
3	Leah Jackson	13	MSSA	bronze
3	Janelle Dawson	13	NPNS	bronze
3	Amy Broad	13	BRAN	bronze
3	Katelyn Runions	13	NPNS	bronze
3	Paige Hunt	13	BSSC	bronze
3	Anica Jany	13	MSSA	bronze
4	Becky Collings	13	BRAN	participation
4	Ellen Hamilton	13	DHSC	participation

4	Samantha Guerrieri	13	DHSC	participation
4	Cara Duncan	13	BRAN	participation
4	Nicole Paroyan	13	GRAN	participation
4	Alicia Renaud	13	GRAN	participation
4	Meghan Hutton	13	BSSC	participation
4	Brooklyn Kamphuis	13	GSSC	participation
4	Sara Thompson	13	DHSC	participation
4	Shannon Blaney	13	DHSC	participation
4	Anastasia Mityuukhlyayeva	13	OSSC	participation
4	Tyerra Lowe	13	DHSC	participation
4	Taylor DeSantis	13	GRAN	participation
4	Kelly Nastos	13	MSSA	participation
4	Amanda Burrows	13	OSSC	participation
4	Julia Ehrt	13	DHSC	participation
4	Emily Rosa	13	BSSC	participation
4	Gabriella Proulx	13	NPNS	participation
4	Allie Trombetta	13	BRAN	participation
	Danielle Oliver	13	YORK	
	Taara Halgren	13	BSSC	

## 2008 Lisa Alexander Meet - 13-15 CS4L/LTAD EVENT

No.	Athlete Name	Age	Club	Splits
1	Avery Patrick	14	BSSC	gold
1	Venessa Trajanos	14	DHSC	gold
1	Keara Clarke	14	MSSA	gold
1	Jordan Field	14	OSSC	gold
1	Samantha Nealon	14	OSSC	gold
1	Lisa Sanders	14	YORK	gold
2	Caitlin Menczel	14	BSSC	silver
2	Keely Krall	14	MSSA	silver
2	Rebecca Damiani	14	MSSA	silver
2	Tess Kruspe	14	OSSC	silver
2	Shelby Harding	14	YORK	silver
3	Kylie Miller	14	BRAN	bronze
3	Ashtyn Nauffts	14	DHSC	bronze
3	Carly McGagherty	14	DHSC	bronze
3	Francesca DiPietro	14	DHSC	bronze
3	Julia Thornton	14	DHSC	bronze
3	Jacque Marshall	14	GRAN	bronze
3	Amanda Cannon	14	MSSA	bronze
3	Meredith Webb	14	MSSA	bronze
4	Ali Herron	14	BRAN	participation
4	Monique Garon	14	BSSC	participation
4	Carly Byberg	14	DHSC	participation
4	Ellen Ritchie	14	DHSC	participation
4	Alisha Haines	14	GSSC	participation
4	Emily Preston	14	GSSC	participation
4	Kaitlyn Scannell	14	GSSC	participation
4	Madeline Melkic	14	GSSC	participation
4	Sophie Kirby	14	GSSC	participation
4	Tess Bradshaw	14	GSSC	participation
4	Jessica Reinprecht	14	MSSA	participation

4	Rubee Holland	14	MSSA	participation
4	Victoria Scott	14	MSSA	participation
4	Bridget Moore	14	NPNS	participation
4	Emily Featherstone	14	NPNS	participation
4	Emma Crouch	14	NPNS	participation
4	Kelsey McKinley	14	NPNS	participation
4	Marisa Kilgour	14	NPNS	participation
4	Meghan Sommerville	14	NPNS	participation
4	Rachel Methot	14	NPNS	participation
4	Alanna Settimo	14	YORK	participation
4	Alexandra Steinson	14	YORK	participation
4	Ellen Riopelle	14	YORK	participation
4	Victoria Garritano	14	YORK	participation
	Catherine Bourrie	14	YORK	scratch
	Olivia Rohner	14	YORK	scratch

## 2008 Lisa Alexander Meet - 13-15 CS4L/LTAD EVENT

No.	Athlete Name	Age	Club	Splits
1	Kathryn Shiplo	15	BSSC	gold
1	Jessica Henry	15	DHSC	gold
1	Caley Savage	15	GRAN	gold
1	Carlin Jessop	15	YORK	gold
2	Emma Simpson	15	BSSC	silver
2	Alexandra Opydo	15	DHSC	silver
2	Berkley Soderstrom	15	DHSC	silver
2	Hannah Koke	15	DHSC	silver
2	Logan Kitchener	15	DHSC	silver
2	Stephanie Geller	15	DHSC	silver
2	Adrienne Archibald	15	GRAN	silver
2	Jennifer Snowdown	15	MSSA	silver
2	Madison Nangle	15	MSSA	silver
2	Melissa McCoy	15	MSSA	silver
2	Nicole Amato	15	MSSA	silver
2	Allyshia Vantol	15	NPNS	silver
2	Brooke Whitney	15	NPNS	silver
2	Kristen Richardson	15	NPNS	silver
2	Celyn Oliver	15	YORK	silver
3	Brianna Jennings	15	BSSC	bronze
3	Justine Hodgson	15	BSSC	bronze
3	Brooke Manson	15	DHSC	bronze
3	Erika Wagner	15	GRAN	bronze
3	Madeline Hofford	15	GSSC	bronze
3	Taya Campbell	15	GSSC	bronze
3	Erin Dawson	15	MSSA	bronze
3	Tahira Mascarenhas	15	MSSA	bronze
3	Maggie Tinneberg	15	NPNS	bronze
4	Sydney Van Bakel	15	BSSC	participation
4	Brittany Michaud	15	DHSC	participation

4	Brooke Stevens	15	DHSC	participation
4	Vanessa Wolf	15	MSSA	participation
4	Victoria Ashcroft	15	NPNS	participation
	Chelsea Evershed	15	MSSA	not completed

## 2008 Lisa Alexander Meet - 13-15 CS4L/LTAD EVENT

No.	Athlete Name	Age	Club	Strength (no of push-ups)	STANDARD
1	Allie Trombetta	13	BRAN	30	Gold
1	Amy Broad	13	BRAN	30	Gold
1	Becky Collings	13	BRAN	30	Gold
1	Cara Duncan	13	BRAN	30	Gold
1	Emma Hanley	13	BRAN	30	Gold
1	Katelyn Kuzmich	13	BRAN	30	Gold
1	Erika Pappin	13	BSSC	30	Gold
1	Paige Hunt	13	BSSC	30	Gold
1	Zoe Street	13	BSSC	30	Gold
1	Alycia Halyk	13	DHSC	30	Gold
1	Caroline Ristow	13	DHSC	30	Gold
1	Ellen Hamilton	13	DHSC	30	Gold
1	Heather Clarke	13	DHSC	30	Gold
1	Julia Ehrt	13	DHSC	30	Gold
1	Katherine Gagnon	13	DHSC	30	Gold
1	Rachel Nickerson	13	DHSC	30	Gold
1	Samantha Guerrieri	13	DHSC	30	Gold
1	Sara Thompson	13	DHSC	30	Gold
1	Shannon Blaney	13	DHSC	30	Gold
1	Tyerra Lowe	13	DHSC	30	Gold
1	Alicia Renaud	13	GRAN	30	Gold
1	Brooklyn Kamphuis	13	GSSC	30	Gold
1	Emma Edwards	13	GSSC	30	Gold
1	Anica Jany	13	MSSA	30	Gold
1	Jessica Robillard	13	MSSA	30	Gold
1	Julie Taylor	13	MSSA	30	Gold
1	Katie Allen	13	MSSA	30	Gold
1	Kelly Nastos	13	MSSA	30	Gold
1	Leah Jackson	13	MSSA	30	Gold
1	Mattia Fonzo	13	MSSA	30	Gold

Min	Max	Standard
0	19	Participation
20	24	Bronze
25	29	Silver
30	1000	Gold

1	Emma English	13	NPNS	30	Gold
1	Gabriella Proulx	13	NPNS	30	Gold
1	Janelle Dawson	13	NPNS	30	Gold
1	Katelyn Runions	13	NPNS	30	Gold
1	Shannon Smith	13	NPNS	30	Gold
1	Amanda Burrows	13	OSSC	30	Gold
1	Anastasia Mityuukhlyayeva	13	OSSC	30	Gold
1	Kathaleen Carpenter	13	OSSC	30	Gold
1	Alina Ryssina	13	YORK	30	Gold
1	Michelle Clarke	13	YORK	30	Gold
1	Stephanie Bourrie	13	YORK	30	Gold
3	Meghan Hutton	13	BSSC	23	Bronze
3	Emily Rosa	13	BSSC	20	Bronze
3	Nicole Paroyan	13	GRAN	20	Bronze
4	Lindsay Dawson	13	DHSC	19	Participation
4	Taylor DeSantis	13	GRAN	15	Participation
4	Laura Obdeyn	13	BSSC	14	Participation
	Taara Halgren	13	BSSC	scratch	
	Danielle Oliver	13	YORK	scratch	

## 2008 Lisa Alexander Meet - 13-15 CS4L/LTAD EVENT

No.	Athlete Name	Age	Club	Strength (no of push-ups)	STANDARD
1	Ali Herron	14	BRAN	30	Gold
1	Kylie Miller	14	BRAN	30	Gold
1	Avery Patrick	14	BSSC	30	Gold
1	Monique Garon	14	BSSC	30	Gold
1	Ashtyn Nauffts	14	DHSC	30	Gold
1	Carly Byberg	14	DHSC	30	Gold
1	Carly McGagherty	14	DHSC	30	Gold
1	Ellen Ritchie	14	DHSC	30	Gold
1	Francesca DiPietro	14	DHSC	30	Gold
1	Julia Thornton	14	DHSC	30	Gold
1	Venessa Trajanos	14	DHSC	30	Gold
1	Jacque Marshall	14	GRAN	30	Gold
1	Alisha Haines	14	GSSC	30	Gold
1	Emily Preston	14	GSSC	30	Gold
1	Kaitlyn Scannell	14	GSSC	30	Gold
1	Madeline Melkic	14	GSSC	30	Gold
1	Sophie Kirby	14	GSSC	30	Gold
1	Tess Bradshaw	14	GSSC	30	Gold
1	Amanda Cannon	14	MSSA	30	Gold
1	Jessica Reinprecht	14	MSSA	30	Gold
1	Keara Clarke	14	MSSA	30	Gold
1	Keely Krall	14	MSSA	30	Gold
1	Meredith Webb	14	MSSA	30	Gold
1	Rebecca Damiani	14	MSSA	30	Gold
1	Rubee Holland	14	MSSA	30	Gold
1	Victoria Scott	14	MSSA	30	Gold
1	Bridget Moore	14	NPNS	30	Gold
1	Emily Featherstone	14	NPNS	30	Gold
1	Emma Crouch	14	NPNS	30	Gold
1	Marisa Kilgour	14	NPNS	30	Gold

Min	Max	Standard
0	19	Participation
20	24	Bronze
25	29	Silver
30	1000	Gold

1	Meghan Sommerville	14	NPNS	30	Gold
1	Rachel Methot	14	NPNS	30	Gold
1	Jordan Field	14	OSSC	30	Gold
1	Samantha Nealon	14	OSSC	30	Gold
1	Tess Kruspe	14	OSSC	30	Gold
1	Alanna Settimo	14	YORK	30	Gold
1	Alexandra Steinson	14	YORK	30	Gold
1	Ellen Riopelle	14	YORK	30	Gold
1	Lisa Sanders	14	YORK	30	Gold
1	Shelby Harding	14	YORK	30	Gold
1	Victoria Garritano	14	YORK	30	Gold
3	Kelsey McKinley	14	NPNS	24	Bronze
3	Caitlin Menczel	14	BSSC	20	Bronze
	Catherine Bourrie	14	YORK	scratch	
	Olivia Rohner	14	YORK	scratch	

## 2008 Lisa Alexander Meet - 13-15 CS4L/LTAD EVENT

No.	Athlete Name	Age	Club	Strength (no of push-ups)	STANDARD
1	Emma Simpson	15	BSSC	30	Gold
1	Justine Hodgson	15	BSSC	30	Gold
1	Kathryn Shiplo	15	BSSC	30	Gold
1	Sydney Van Bakel	15	BSSC	30	Gold
1	Alexandra Opydo	15	DHSC	30	Gold
1	Berkley Soderstrom	15	DHSC	30	Gold
1	Brittany Michaud	15	DHSC	30	Gold
1	Brooke Manson	15	DHSC	30	Gold
1	Brooke Stevens	15	DHSC	30	Gold
1	Hannah Koke	15	DHSC	30	Gold
1	Jessica Henry	15	DHSC	30	Gold
1	Logan Kitchener	15	DHSC	30	Gold
1	Stephanie Geller	15	DHSC	30	Gold
1	Adrienne Archibald	15	GRAN	30	Gold
1	Caley Savage	15	GRAN	30	Gold
1	Erika Wagner	15	GRAN	30	Gold
1	Madeline Hofford	15	GSSC	30	Gold
1	Taya Campbell	15	GSSC	30	Gold
1	Erin Dawson	15	MSSA	30	Gold
1	Jennifer Snowdown	15	MSSA	30	Gold
1	Madison Nangle	15	MSSA	30	Gold
1	Melissa McCoy	15	MSSA	30	Gold
1	Nicole Amato	15	MSSA	30	Gold
1	Tahira Mascarenhas	15	MSSA	30	Gold
1	Vanessa Wolf	15	MSSA	30	Gold
1	Allyshia Vantol	15	NPNS	30	Gold
1	Brooke Whitney	15	NPNS	30	Gold
1	Kristen Richardson	15	NPNS	30	Gold
1	Maggie Tinneberg	15	NPNS	30	Gold
1	Victoria Ashcroft	15	NPNS	30	Gold

Min	Max	Standard
0	19	Participation
20	24	Bronze
25	29	Silver
30	1000	Gold

1	Carlin Jessop	15	YORK	30	Gold
1	Celyn Oliver	15	YORK	30	Gold
3	Brianna Jennings	15	BSSC	20	Bronze
	Chelsea Evershed	15	MSSA	scratch	